

Lakeview College of Nursing

Course Information:

Course Name	Older Adult Health
Course Number	N324
Course Section Number	04
Semester Credit Hours	2 Theory
Prerequisites	Satisfactory completion of all N200 courses.
Corequisites	N321, N322, N323
Course Location	Online
Delivery Mode	Online
Semester Dates	January 11th, 2021-May 7th, 2021
Course Meeting Dates/Times	Online
Course Content	The aging experience, the aging population, theories of aging, diversity, life transitions and stories, common aging changes, foundations of gerontological nursing the specialty of gerontological nursing, holistic assessment and care planning, legal aspects of gerontological nursing, ethical aspects of gerontological nursing, continuum care in gerontological nursing, health promotion, nutrition and hydration, sleep and rest, comfort and pain management, safety, spirituality, sexuality and intimacy, safe medication use, geriatric care, respiration, circulation, digestion, and bowel elimination, urinary elimination, reproductive system health, mobility, neurological function, vision and hearing, endocrine function, skin health, cancer, mental health disorders, delirium, dementia, living in harmony with chronic conditions, settings and special issues in geriatric care, rehabilitative, restorative care, acute care, long-term care, family caregiving, end of life care.
Methods of Instruction	The following learning strategies will be utilized: student participation through group discussions, multimedia presentations, readings, written assignments, case studies, individual exercises, online resources such as discussion boards, videos, case studies, and ATI course work.
Changes to Syllabus	Faculty reserves the right to make changes as necessary to this course syllabus. Learners will be notified in writing of any changes in a timely fashion.

Faculty Information:

Course Coordinator	Ariel Wright DNP MS RN CNE CNEcl
Office Location	Danville Campus
Office Hours	Phone conferences available per appointment

	OFFICE HOURS: Tuesday 8:30 am-1:30 pm
Office Phone Number(s)	217-709-0944 Cell 217-474-3097 (no calls after 8 pm, please email)
Email Address	awright@lakeviewcol.edu

Course Catalog Description:

This course focuses on the care of the healthy older adult with an emphasis on family dynamics involving the care of the aging adult, developmental tasks of the healthy aging adult, and theories on aging. The nursing process will be used to increase awareness of the unique responses of the older adult.

Textbooks & Resources:

Required Textbook(s)/ Resources	American Psychological Association. (2020). <i>Publication manual of the American Psychological Association</i> (7 th ed.). American Psychological Association Eliopoulous, C. (2018). <i>Gerontological nursing</i> . (9 th ed.) Wolters Kluwer. Premium Grammarly version paid for by Lakeview College of Nursing. <ul style="list-style-type: none"> • Course settings for Grammarly: <ul style="list-style-type: none"> o Audience-Knowledgeable o Formality-Formal o Domain-Academic Resources available on E360
Required Internet Programs	ATI: https://www.atitesting.com/Home.aspx
Required Technology	All students are required to have a laptop for testing. http://www.atitesting.com/TechnicalRequirements.aspx

Additional Information:

Student Portal	https://edvance360.com/lakeviewcol/index.php
Lakeview Website	www.lakeviewcol.edu
Student Catalog or Handbook	For a current edition of the <i>Student Catalog</i> or <i>Student Handbook</i> , students may visit either the Lakeview website or find a copy in the library. http://www.lakeviewcol.edu/cataloghandbook

ONLINE COURSE:

Lectures, PowerPoint slides, tests, discussion forum questions, grades, and assignments will be posted on Lakeview College of Nursing edvance360 <https://edvance360.com/lakeviewcol/>. Simply click each link to access the materials.

Technology requirements: As an online course, you are expected to have reliable Internet access on a regular basis. You have the responsibility to address any computer problems that might occur. Such problems are not a reason for delays in meeting expectations or for missing course deadlines. Support for using edvance360 is available by contacting Miranda Shake at mshake@lakeviewcol.edu or by visiting the Lakeview College of Nursing web pages that provide information <https://www.lakeviewcol.edu/library>.

At a minimum, you will need the following software/hardware to participate in this course:

- computer with an updated operating system (e.g., Windows, Mac, Linux)
- updated Internet browser (Apple Safari, Internet Explorer, Google Chrome, Mozilla Firefox)
- DSL or Cable Internet connection or a connection speed no less than 6 Mbps. A secure, encrypted Wifi (requiring a login and password) is acceptable.
- Microsoft Office
- any other specialized software or basic software such as Adobe Reader, Media Players, Cloud Storage, Java, anti-virus software, etc.
- ATI: <https://www.atitesting.com/technical-requirements>
- Edvance360: "Firefox or Internet Explorer with JavaScript enabled"
- LWW Point Site: "Most Current" on Firefox, Chrome, Safari, and Edge
- SONIS: all browsers

*Students should keep the most Current Version or Updated Version technology requirements. Updates will be published on <https://www.lakeviewcol.edu/technology>

Edvance360 maintenance

Please note that there are scheduled maintenance times for edvance360. It is essential that you are aware of those times and make sure that you have submitted any work in progress (e.g., tests, assignments, posts to journal, wikis or discussion boards) prior to the systems being shut down for maintenance. Any work in progress will be lost when the servers go down for maintenance. Students will be notified about scheduled maintenance by Miranda Shake, Lakeview Library Director.

Online Communication:

Email Rules

When emailing a professor, please observe these courtesies:

1. Address the instructor respectfully in the opening.
2. Identify course name, number, day, and time. Indicate your status as a student and your purpose for the inquiry.
3. Include your first and last name in the closing.
4. Articulate your specific need(s) in the message. Aspire to brevity.
5. Use proper grammar, spelling, and punctuation. No jargon.

6. If your email requires a reply, you can expect to receive a reply within 24 hours if the message arrives within the standard workweek (8-5 M-F). If a message is sent over the weekend or holiday, it will be addressed the next school day.

7. Re-send or follow up with another email if you do not receive a response within a reasonable amount of time, stating when the previous email was sent. (Sometimes messages get lost, filtered or held up).

Principles of Effective Emails

Use for the right purposes (not for bad news, sensitive/emotional issues)

1. Protect privacy and confidentiality. Respond promptly.
2. Maintain professionalism and appropriate formality (use standard English) Manage emotion effectively and maintain civility (avoid flaming, cyber silence or misinterpretation)
3. Avoid distractions.

Show respect for others' time by:

1. Selecting message recipients carefully.
2. Providing timeliness and options.
3. Avoiding overuse of the priority flag.
4. Letting others know when you will take longer than normal to respond or take action.
5. Avoiding contributing to confusing and repetitive email chains.

Ensure ease of reading by:

1. Providing a short descriptive subject line.
2. Keeping your message brief yet complete.
3. Identifying expected actions clearly.
4. Providing a descriptive signature block.
5. Using attachments wisely.

Netiquette Rules

- * Use courtesy & common sense in e-mail communication
- * Use polite language.

Grammar, Punctuation, and Style

1. Use the spell checker.
2. Reread for accuracy
3. Make it easy to read
4. Use one, easy-to-read font (preferably Times New Roman, 12 point).
5. Don't use colors; stick to black.
6. Use bold sparingly -- only to highlight something that absolutely must not be missed.
7. Don't use italics, if possible (very hard to read, except for APA requirements) DO NOT USE ALL CAPS. (This is yelling.)
8. Don't use backgrounds; they often load as attachments instead of backgrounds, and they add to the load time.

Consider the tone

- * Be aware that words can inadvertently offend; go out of your way to extend the courtesy
- * If there could be a doubt as to the tone of your message, reinforce it with an icon or acronym. o ;) =winking
o :) =laughing, happy, just joking o :(=sad o lol=laughing out loud)

Think before copying to others

- * Especially if there is a negative tone, confine the message to only those who must read it
- * In replies, even if the message to you was copied to others, do not reply to everyone unless the information is useful to everyone
- * E-mail warfare will come back to bite you!

Think before you hit send!

- * If you are angry, let your message sit and review it later
- * Do not “flame” anyone. You may feel justified today sending a red-hot message, but may regret it tomorrow
- * Wait to reply to flaming e-mail until you can do it with calm.

Use the subject line

- * Subject lines help recipients prioritize
- * Keep them short so they display.

Never, never...

- * Never send anything personal or lewd that could be embarrassing
- * Never send anything that is top-secret, because e-mail isn't 100% secure!

Source: Cardon, P.W. (2016). And some dos and don'ts. Business Communication, NY: McGraw-Hill.

Course Student Learning Outcomes (CSLOs):

Upon completion of this course students will be able to:

- Apply health promotion and health teaching associated with normal physiologic and psychosocial changes of aging.
- Describe nursing implications related to the developmental tasks of healthy aging.
- Identify the health and safety-related educational needs of the older adult.
- Implement nursing care for older adults with selected geriatric syndromes.

Course Requirements:

1. Students will display behavior in accordance with the mission and vision of the college.
2. Students will not write emails, converse with the instructor, or class peers in a disrespectful manner.
3. Students are expected to check their Lakeview email on a daily basis for communication from instructors.
4. Remediation for failed discussion posts and weekly assignments will be outlined in the academic improvement plan.
5. Students will complete all discussion posts and assignments on time.
6. Late work will **not** be accepted for any reason. A grade of zero will be given for that assignment.
7. Students must achieve a minimum cumulative course average of at least 77% in order to meet the requirements and pass the course.
8. Submission to E360 assignment box is required of all assignments.
9. Submission to E360 discussion post is required of all discussion posts.

E-Portfolio:

- Students will be required to choose an appropriate document or assignment to place in their Academic E-Portfolio on Edvance. Appropriate document or assignment can be Therapeutic Communication Gerontology Assignment, ATI: Nurse's Tough: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care, ATI: Video Case Studies Palliative and Hospice Care. This assignment is required and graded in N443 Leadership and Management.

Final Course Grade Determination for Theory:

Theory – Syllabus Acknowledgment Form	Weight
Syllabus Acknowledgment Form	100%
Total	1% of Course Grade

Theory – Assignments *Assignments below can be used in a student's academic portfolio*	Weight
Therapeutic Communication Gerontology Assignment	35%
ATI: Nurse's Tough: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care -*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox and the written portion	35%
ATI: Video Case Studies Palliative and Hospice Care -*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox and the written portion	30%
Total	30% of Course Grade

Theory – Discussion Boards	Weight
Week 1 & 2 Discussion Post	12.5%
Week 3 & 4 Discussion Post	12.5%
Week 5 & 6 Discussion Post	12.5%
Week 7 & 8 Discussion Post	12.5%
Week 9 & 10 Discussion Post	12.5%
Week 11 & 12 Discussion Post	12.5%
Week 13 & 14 Discussion Post	12.5%
Week 15 Discussion Post	12.5%
Total	54% of Course Grade

Theory – ATI *Screen shot required of results with student's name in the e360 dropbox	Weight
ATI: Dosage Calculation: Case Studies <ul style="list-style-type: none"> Advanced Alzheimer's Disease 	25%
ATI Nurse's Touch: The Communicator 2.0 Video	25%

Interaction: Aging Client	
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing • Gerontology	25%
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing • Gerontology Final	25%
Total	15% of Course Grade
<i>Learners must achieve a minimum cumulative course average of at least 77% in order to meet the requirements and pass the course.</i>	

Assignment Schedule:

Component	Administration or Due Dates	
Theory – Assignment & ATI * Submission to E360 assignment box is required of all assignments.	Unit/Week Administered	Due Date
Syllabus Acknowledgment Form	Unit 1/ Week 1	Friday, January 15, 2021 at 11:59 pm Central Time
Therapeutic Communication Gerontology Assignment	Unit 2/Week 4	Friday, February 5, 2021 at 11:59 pm Central Time
ATI: Video Case Studies Palliative and Hospice Care --*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox.	Unit 4/Week 8	Friday, March 5, 2021 at 11:59 pm Central Time
ATI Nurse's Touch: The Communicator 2.0 Video Interaction: Aging Client -*Screenshot required of results with student's name in the e360 dropbox	Unit 5/Week 10	Friday, March 26, 2021 at 11:59 pm Central Time
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing-- Gerontology -*Screenshot required of results with student's name in the e360 dropbox	Unit 6/ Week 12	Friday, April 9, 2021 at 11:59 pm Central Time
ATI: Dosage Calculation: Case Studies Advanced Alzheimer's Disease - *Screenshot required of results with student's name in the e360 dropbox	Unit 7/Week 13	Friday, April 16, 2021 at 11:59 pm Central Time
ATI: Nurse's Touch 2.0: The Communicator 2.0 Video Interaction: Client Comfort and End of Life Care -*This assignment is a two-part assignment. Screenshot required of results with student's name in the e360 dropbox along with the written portion	Unit 7/ Week 14	Friday, April 23, 2021 at 11:59 pm Central Time
ATI: Quiz Bank: Learning Systems 3.0: Practice, Final, and Dynamic Quizzing-- Gerontology Final	Unit 8/ Week 15	Friday, April 30, 2021 at 11:59 pm Central Time

<p>-*Screenshot required of results with student's name in the e360 dropbox</p>		
<p>Theory – Weekly Discussions *Submission to E360 discussion post is required of all discussion posts</p>	<p>Unit/Week Due</p>	<p>Date Due</p>
<p>Week One & Two- Discussion Board Post with Peer Post</p>	<p><i>Unit 1</i></p>	<p>Week 1 Main Post: Friday, January 15, 2021 at 11:59 pm Central Time</p> <p>Week 2 Peer Post: Friday, January 22, 2021 at 11:59 pm Central Time</p>
<p>Week Three & Four- Discussion Board Post with Peer Post</p>	<p><i>Unit 2</i></p>	<p>Week 3 Main Post: Friday, January 29, 2021 at 11:59 pm Central Time</p> <p>Week 4 Peer Post: Friday, February 5, 2021 at 11:59 pm Central Time</p>
<p>Week Five & Six Discussion Post with Peer Post</p>	<p><i>Unit 3</i></p>	<p>Week 5 Main Post: Friday, February 12, 2021 at 11:59 pm Central Time</p> <p>Week 6 Peer Post: Friday, February 19, 2021 at 11:59 pm Central Time</p>
<p>Week Seven & Eight Discussion Post with Peer Post</p>	<p><i>Unit 4</i></p>	<p>Week 7 Main Post: Friday, February 26, 2021 at 11:59 pm Central Time</p> <p>Week 8 Peer Post: Friday, March 5, 2021 at 11:59 pm Central Time</p>
<p>Week Nine & Ten Discussion Post with Peer Post</p>	<p><i>Week 5</i></p>	<p>Week 9 Main Post Friday, March 12, 2021 at 11:59 pm Central Time</p> <p>Week 10 Peer Post Friday, March 26, 2021 at 11:59 pm Central Time</p>

Week Eleven & Twelve Discussion Post with Peer Post	<i>Unit 6</i>	<p>Week 11 Main Post Friday, April 2, 2021 at 11:59 pm Central Time</p> <p>Week 12 Peer Post: Friday, April 9 2021 at 11:59 pm Central Time</p>
Week Thirteen & Fourteen Discussion Post with Peer Post	<i>Unit 7</i>	<p>Week 13 Main Post: Friday, April 16, 2021 at 11:59 pm Central Time</p> <p>Week 14 Peer Post: Friday, April 23, 2021 at 11:59 pm Central Time</p>
Week Fifteen Discussion Post	<i>Unit 8</i>	<p>Week 15 Main Post: Friday, April 30, 2021 at 11:59 pm Central Time</p>

See Student Handbook for All Institutional Policies

Attendance Policies

General Attendance/Absence Policy

Lakeview College of Nursing students are expected to attend all meetings of classes (live and online), scheduled laboratory, and clinical sessions in which they have enrolled. Attendance at clinical and lab sessions is required. Attendance will be recorded for each scheduled class, laboratory, and clinical experience. It is the student's responsibility to attend all classes, arrive on time, and stay for the entire designated time. Students who violate the clinical/lab dress code and/or student conduct code will not be permitted to attend or remain in the class, laboratory, or clinical experience, and an absence will be recorded. Students must wear a Lakeview College of Nursing-issued student ID badge at all times while in class, lab, and at clinical sites.

On-Line Course Attendance Policy

Attendance in the online classroom platform is expected, and missing any online coursework can have an impact on the student's course grade. Attendance will be taken weekly. Students are expected to prepare for each online session by completing the required readings and other assignments. Active participation is an exception from the very beginning of the course, and ongoing active participation must be maintained throughout the semester. If the student does not actively complete content for two (2) online sessions during the semester, the course coordinator will evaluate the student's ability to complete the course and may result in failure of the course

Access and Accommodations: Your experience in this class is important to me. If you have already established accommodations with Disability Service Vicky Welge, please communicate with me so that we may implement your approved accommodations in this course.

If you have not yet established services, but have a temporary health condition or permanent disability that requires accommodations (conditions include but not limited to; mental health, attention-related, learning, vision, hearing, physical or health impacts), you are welcome to contact Vicky Welge at 217-709-0939 or email Vicky at vwelge@lakeviewcol.edu to see if you are eligible for accommodations. Vicky Welge offers resources and coordinates reasonable accommodations for students with disabilities and/or temporary health conditions.

Reasonable accommodations are established through an interactive process between you, the instructor, and Vicky. It is the policy and practice of the Lakeview College of Nursing to create inclusive and accessible learning environments consistent with federal and state law.

Academic Integrity

Lakeview College of Nursing is committed to upholding the highest standards of academic integrity in the classroom and clinical setting, and it is the responsibility of all stakeholders-faculty, staff, and students to ensure these standards are being met.

More about the expected standards of behavior can be found at https://www.lakeviewcol.edu/sites/default/files/2020-2021_Student_Handbook-College_Catalog.pdf

Academic Integrity Honor Code

Student's Signature:

_____ Date: _____

Student's Printed Name:

For complete information about expected student behavior and disciplinary action, please refer to the *Student Handbook*, available on the Lakeview College of Nursing website.

Lakeview College of Nursing

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Spring 2021

My signature above verifies that I have read and understood the rules identified on the previous pages for class and clinical.

It also verifies that I have read and understood this course's syllabus.