

Cultural Scenario Assignment

Culture and Healing:

Some individuals and families in some cultural groups may also use traditional healing systems, sometimes called lay or folk-healing systems, with or without allopathic (modern) medicine. In addition to seeking help from the nurse as a health care provider, clients may also seek help from traditional or religious healers. Most nurses have experienced clients who combine medical care with prayer. Nurses need to be sensitive to, respectful of and nonjudgmental regarding patients' health beliefs and practices in order to maximize patient outcomes.

Health status of all clients is influenced by the interaction of physiological, cultural, psychological, economic and societal factors. Diversity within and among groups necessitates data collection activities and programs that are tailored to meet the unique health care needs of different subgroups.

Health beliefs are translated into health care practices, which then affect health status. What constitutes appropriate care for specific health conditions may be guided by cultural and social class expectations?

Health Information and Education:

Planning health education programs requires identifying and building on cultural strengths and ensuring sensitivity to cultural factors. Meeting the language and cultural needs of each identified minority group, using minority specific community resources to tailor educational approaches, and developing materials and methods of presentation that are at the educational level of the target population are essential considerations in the planning process. Health programs should be sustainable over a long period of time and accountable to the people they serve.

AIDET (introduction to patient and family)-Acknowledge, introduce, Duration, Explanation, thank you.

Questions regarding present health care practices and beliefs, dietary habits, and cultural customs

Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.

Reflective Activity

What are the major take-home lessons for you today?

The major take homes of this activity would be interesting the Amish culture is and how very strict they are when it comes to modesty and money. It's nice to know that within the Amish community they are more laid back about healthcare and more focused on holistic/ religious practice.

How can I adapt my nursing practices to be more responsive to the Unique needs of diverse patient populations?

I am able to adapt my nursing practices to be more responsive to the unique needs of diverse clients by being respectful and always being aware of myself and actions when it comes to taking care of them. It is essential to always ask important questions regarding their religion, beliefs, and language.

How can I adapt my nursing practices to be more responsive to patients with limited English proficiency?

I am able to adapt my nursing practices to be more responsive to patients with limited English proficiency by making sure to use visual aids and having an interpreter there when talking with clients.

STUDENT NAME Kimberly Bachman

RUBRIC FOR CULTURAL SCENARIO ASSIGNMENT

CULTURE SELECTED: _____

Objective Grade	Exemplary 2	Average 1	Unsatisfactory 0	
Understanding of culture.	Demonstrates an understanding of culture and cultural competence in practice	Demonstrates limited understanding of culture and cultural competence in practice	Lacks understanding of culture of culture and cultural competence in practice	____Pts.
Incorporates findings from cultural assessment	Incorporates key findings from cultural assessment.	Incorporates limited key findings from cultural assessment.	Little to no incorporation of key findings from cultural assessment.	____Pts.
Incorporates cultural health practices	Evaluates cultural health practice.	Limited incorporation of cultural practices as appropriate.	Little to no incorporation of cultural health practices.	____Pts.
Identifies key health teaching needs of patient and appropriate	Demonstrates evidence of key health teaching needs of patient and appropriate delivery methods.	Limited evidence of key health teaching needs of patient and appropriate delivery methods.	Little to no evidence of key health teaching needs of patient and appropriate delivery	____Pts.

delivery method			methods.	
Reflective Activity	Reflection of experience was in depth and adequately explained.	Reflection of experience was minimal on the reflective questions.	No reflection of experience on the reflective activity.	___Pts.

Comments:

TOTAL POINTS: _____/10

Instructor Signature: _____

Date: _____

Cultural Scenario: Post Exercise Evaluation (Likert scale 1-5, least to most)

1) Debriefing with faculty provided an opportunity to self -reflect, which improved my knowledge, skills, and attitude/confidence.

1 2 3 4 5

2) Faculty was prepared and facilitated enhanced learning during the debriefing period

1 2 3 4 5

3) I recommend the continuation of “Cultural Scenario” and feel it is a valued learning experience.

1 2 3 4 5

4) What are some things you have learned today that you will use in your practice?

Some things I learned from this exercise would be that I feel more confident in being culturally competent and I feel more cultured within my nursing care to provide the most respectful situation for the client.

Suggestions:
