

N431 Adult Health II

Clinical Reflection Form

Name: Patricia East

Date: 11/30/2020

Clinical Rotation Site: CCU

1. Briefly write about today's experience(s)

Today I took care of a patient in the CCU. The patient was admitted for altered mental status and hypotension. He was admitted to med/surg unit and they called a rapid response code, and he was admitted to CCU. The patient had an intense cardiac history, BKA, diabetes, etc. The patient was experiences jerking/seizure like movement and a neuro consult was ordered. The patient responded to pain stimuli but was not responsive to verbal commands. The patient had diminished breath sounds that sounded wet. A CT scan of abdomen was ordered and there were significant findings of fluid around the lungs. The provider performed a bedside thoracentesis. Since the patient was unable to move and follow commands, the nurse and I sat the patient up on the side of the bed and the nurse held him. As a team, we were able to perform a successful thoracentesis and pull 1700 mL of fluid.

2. What is one thing you learned?

One thing I learned today was how to reconstitute Protonix and that should be pushed through IV over 3-5 minutes.

3. What is one thing you would do differently?

Today, I felt like I was very involved with my patients care. I would probably of asked more questions but did not want to be in the way because the patient was becoming clinically unstable.

4. What is your major "take home" from today's clinical experience(s)?

My take home from today's clinical is how quickly a patient's status can change.

5. Is there anything else you would like to mention?

No.