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N442-Populations and Global Health

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Virtual Experience - Family as Client: Public Health Clinic

### Housing and Care for the Aging Individuals in Champaign County

1. This nursing student is partial to Gifford Country Health and Rehab as it is in the town where this nursing student resides. This facility is one of the cleanest, most reputable facilities in the county. They offer extended-term care, hospice, as well as rehabilitation. Skilled nursing, hospice, and rehabilitation care are around the clock care. The tasks include bathing, feeding, and medication management. The facility is also certified for IV care, wound care, feeding tube support, and many other accommodations. Many therapies are available such as occupational, physical, respiratory, and speech. The facility accepts private pay, private insurance, Medicare, and has select Medicaid beds.
2. Clark Lindsay in Urbana is a facility with many opportunities for all levels of care. They offer independent living, therapy centers, greenhouse homes, skilled nursing, and hospice. Independent living is a retiree apartment typesetting. Clark Lindsay accepts private pay, private insurance, and Medicare. This option has different square footage and bedroom options with additional amenities available, such as continental breakfast and concierge assistance. The therapy center includes an aerobic area. This option is commonly used for post-surgical, motor vehicle accidents, or significant medical events,

resulting in deficits. These patients have scheduled therapies and must participate in a minimum of three hours of treatment per day. Greenhouse homes are homes where there is someone to help with the cleaning, cooking, and assistance. The greenhouse homes are a bridge option when the resident cannot live alone but does not require skilled nursing. Skilled nursing is an area where the individual gets full services. The services include assistance with all ADL's, feeding, medication administration, and the facility is responsible for all housekeeping, laundry, and needs to the patient and the patient's room. Lastly, end of life measures. This facility offers hospice services for the individual and families facing the end of life. The facility gives 24-hour care to the individual with medical and medication assistance to promote comfort during their last moments.

3. Circle of friends in Champaign is an adult day center facility. This facility is mostly private pay. The facility does accept some insurance benefits, veterans' benefits, and managed care organization funding. Circle of friends accepts Medicare for therapy services. This facility provides care for individuals from 730am-530pm. They have activities throughout the day to keep the individuals active and offer meals and snacks. Many families use this as an option while their permanent caregivers go to work, then they are picked up in the evening. My late grandfather attended this facility while I received my LPN certificate. My mother would drop him off on the way home from work, and I would pick him up after class. The adult day center was a perfect fit for us as he was unsafe to stay home alone due to his dementia but was still mobile, continent, and able to function with little need for individual care. When he progressed into late

dementia phases, it became too much as he did not recognize the individuals as ones he knew and became aggressive. My mother or I would get calls to pick him up.

4. Autumn Fields Assisted Living Facility in Savoy offers various options of care for residents. The facility provides an independent homely atmosphere for seniors and personal assistance with daily activities as needed. The facility is clean and offers many benefits to assist with caring for the residents. This nursing student worked at this facility for two years as a certified nurse's assistant and thoroughly enjoyed providing care to the residents. Autumn Fields Assisted living accepts private pay, private insurance, and Medicare. The facility offers medication management and supervision, arrangements for personal appointments, cleaning and laundry services, three meals prepared per day, planned trips and outings, and many other amenities. The facility offers multiple floor plans to choose between, such as a studio and two-bedrooms. There is an exercise room that contains an elliptical and a bike, allowing for therapy assistance. The facility offers residents freedom and independence while assisting with any activity of daily life needs.