

Legacy Project:

Kankakee County and Iroquois County Centers Against Sexual Assault
(KC-CASA + ISAS)

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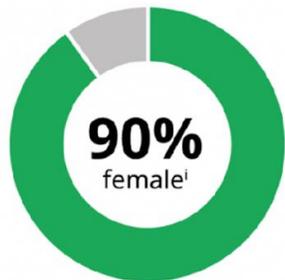


Outline

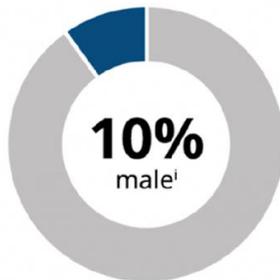
- ▶ Background on Sexual Assault
- ▶ Introduction to KC-CASA and ISAS
 - ▶ Mission Statement and History
 - ▶ Services
 - ▶ Events
- ▶ Legacy Project: Database Development for Crisis Intervention Training and Initiatives
- ▶ Conclusions

Background

9 OUT OF EVERY 10 VICTIMS OF RAPE ARE FEMALE



17.7 million American women as of 1998ⁱ



2.78 million American men as of 1998ⁱⁱ

RAINN

National Sexual Assault Hotline | 800.656.HOPE | online.rainn.org
Please visit rainn.org/statistics/scope-problem for full citation.³

NUMBER OF PEOPLE VICTIMIZED EACH YEAR



Inmates:
80,600 were sexually assaulted or rapedⁱ



Children:
60,000 were victims of "substantiated or indicated" sexual abuse.ⁱⁱ



General Public:
433,648 Americans 12 and older were sexually assaulted or raped.ⁱⁱⁱ



Military:
18,900 experienced unwanted sexual contact.^{iv}

RA RAINN

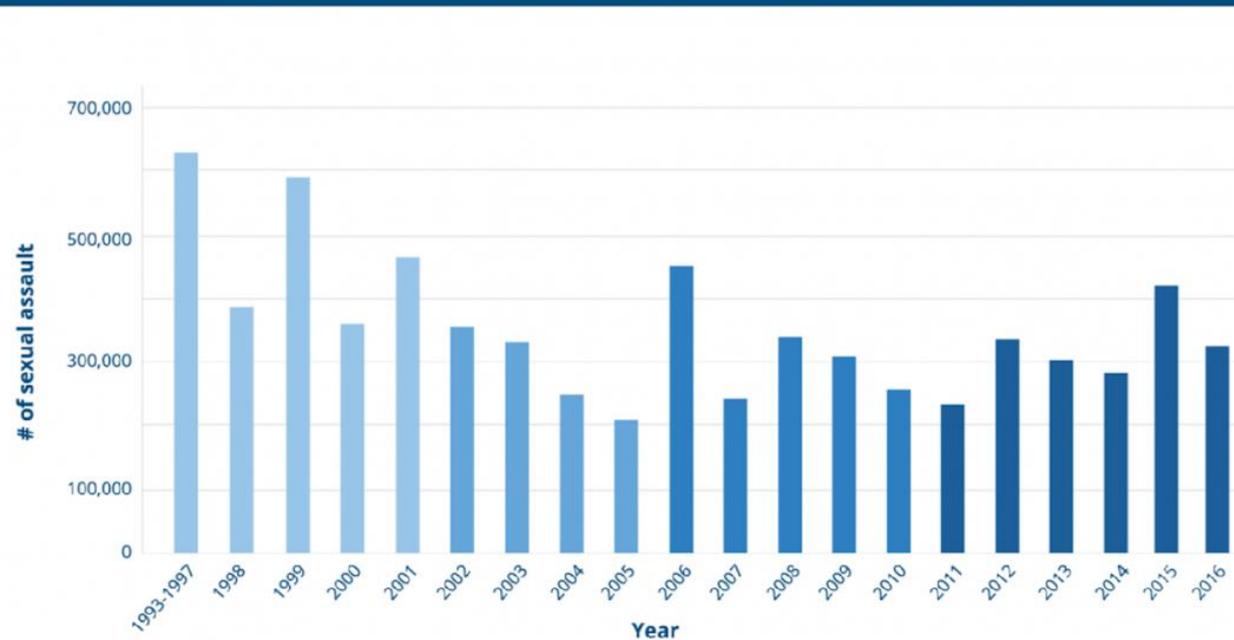
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Sexual Rights and Human Rights

- ▶ The right to be free from torture of cruel, inhumane or degrading treatment or punishment
- ▶ The right to privacy
- ▶ The rights to the highest attainable standard of health (including sexual health) and social security
- ▶ The right to decide the number and spacing of one's children
- ▶ The rights to equality and non-discrimination
- ▶ The right to marry and to found a family and enter into marriage with the free and full consent of the intending spouses, and to equality in and at the dissolution of marriage
- ▶ The rights to information, as well as education
- ▶ The rights to freedom of opinion and expression
- ▶ The right to an effective remedy for violations of fundamental rights

Background

SEXUAL ASSAULT FROM 1993-2016



OUT OF EVERY 1000 SEXUAL ASSAULTS, 995 PERPETRATORS WILL WALK FREE

230 are reported to policeⁱ



46 reports lead to arrestⁱⁱ



9 cases get referred to prosecutorsⁱⁱ



5 cases will lead to a felony convictionⁱⁱⁱ



4.6 rapists will be incarceratedⁱⁱⁱ

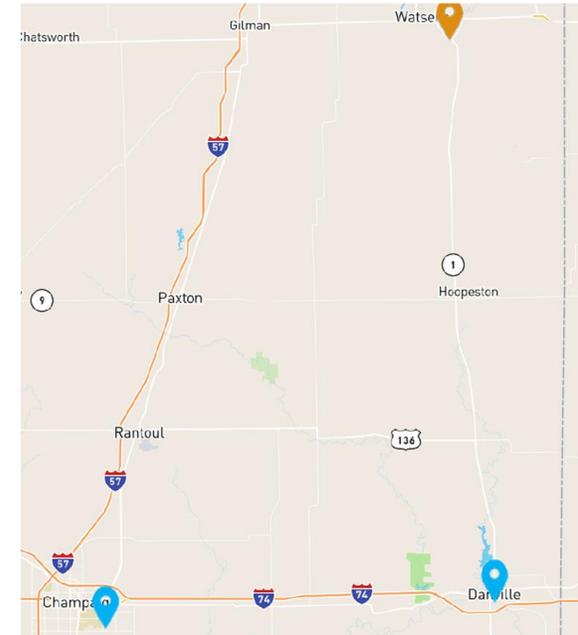
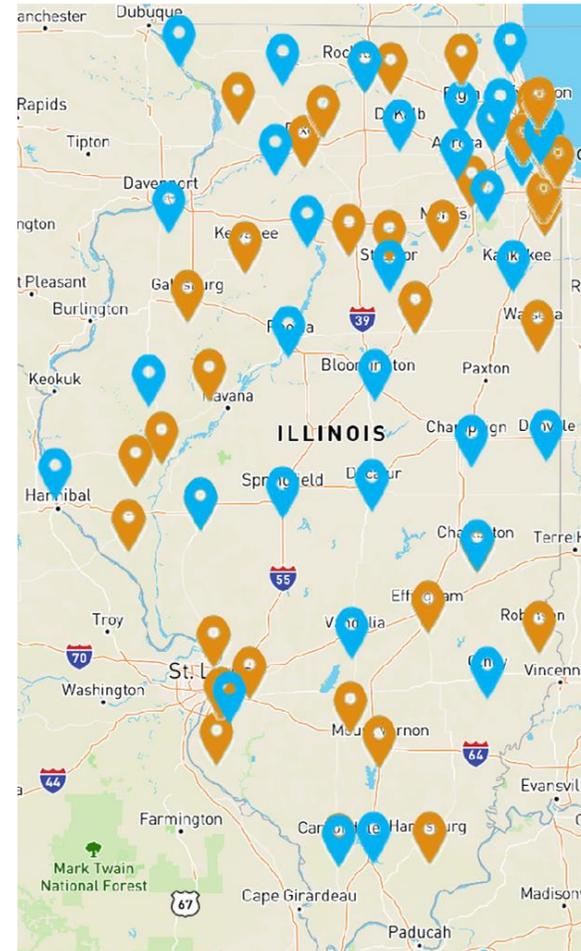


Agency Organization

KC-CASA AND ISAS: MISSION STATEMENT

To improve the quality of services for survivors of sexual assault and human trafficking, to assist in their recovery and to work towards the elimination of sexual violence

- Providing hope and healing to the survivors of sexual assault



KC-CASA and ISAS Timeline

KC-CASA established as a non-profit organization

Children's Services Program begins

Victim sensitivity training for medical professionals

Participation with S.A.N.E program in Illinois

'87

'88

'91

'93

'95

'96

'98

'99

Joined larger ICASA corporation

Increased formal community outreach

Counseling expands to correctional facilities

Expansion into Iroquois Co. and local office established

Services

- ▶ 24-Hour Hotline
 - ▶ Sexual Assault Response Team
 - ▶ Crisis Intervention Training and Volunteer Team
 - ▶ Training offered bi-annually (April and October)
- ▶ Medical and Legal Advocacy
- ▶ Counseling
- ▶ Prevention and Outreach
 - ▶ Public Education
 - ▶ Professional Training
- ▶ Community Agency Partnerships

KC-CASA PRESENTS

FREE SEXUAL HARASSMENT TRAINING

Understand | Prevent | Respond

As of January 1, 2020, all businesses operating in Illinois MUST provide a minimum of one hour of sexual harassment training to all employees

To schedule this FREE online training please contact Amy Stroo at astroo@kc-casa.org



Kankakee County Center Against Sexual Assault

KC-CASA'S GLOBINGO

FRIDAY, MARCH 27TH | 5:30 PM
EXPO CENTER | KANKAKEE FAIRGROUNDS

KC-CASA.ORG/EVENTS

Volunteers wanted!



VIRTUAL 40-HOUR CRISIS INTERVENTION TRAINING

Kankakee County Center Against Sexual Assault

Sept. 15th - October 29th
Tues/Wed/Thurs from 6:00 pm-8:00 pm

General: \$25 | CE \$75

SIGN UP: VOLUNTEER@KC-CASA.ORG



KC-CASA PRESENTS

YOGA IN THE PARK

A Complimentary Class for Teachers & School Staff

Teachers educate, inspire and care! This passionate work can take its toll especially during these unprecedented times. Join KC-CASA for a FREE, outdoor yoga class to restore and recharge you both physically and mentally.

Please bring your own mat and water bottle. Pre-registration is required as space is limited. Self care gifts will be provided to participants who pre-register.

To reserve your spot, please email breven@kc-casa.org

TUESDAY, SEPTEMBER 15TH
MONDAY, SEPTEMBER 28TH
5:00-6:00 PM
CIVIC AUDITORIUM
803 S 8TH AVE, KANKAKEE

Partner Organizations

- ▶ Mental Health Agencies and Providers
- ▶ Catholic Charities
- ▶ Fortitude Community Outreach
- ▶ Harbor House
- ▶ Kankakee County Health Department
- ▶ New Beginnings Women's Center
- ▶ Pregnancy Resource Center
- ▶ Riverside Resolve Center

Funding and Events

- ▶ Financial support comes from mix of public and private support, including a range of government and private grants and community sources
 - ▶ United Way
 - ▶ Zonta of Kankakee
 - ▶ The Rosie Fund
- ▶ Walk a Mile in Her Shoes
- ▶ Take Back the Night
- ▶ Anniversary Dinners and Auctions
- ▶ BeYouTiful Fashion Show
- ▶ GLO Bingo
- ▶ Summer Fun Online Raffle
- ▶ Summer Safety Camp in a Box

Project

- ▶ Create a database of resources to draw from for grant writing, programming, and the bi-annual 40 hour intervention training.

Trauma-Informed Approaches

- ▶ Lathan, et al., 2019
 - ▶ Sexual assault is often the least reported violent crime
 - ▶ Victims claimed difficulty reporting due to feeling the assault is a private matter, fear of not being believed, or not wanting to get the perpetrator in trouble.
 - ▶ A police department in Alabama has adopted policies and procedures to address the needs of the victim.
 - ▶ This means that sexual assault cases are handled differently than other violent crimes.

https://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue

SANE Nursing Practices

- ▶ forensic nurses
- ▶ Adult and children
- ▶ examination
- ▶ expert witnesses
- ▶ Through KC-CASA + ISAS
 - ▶ medical treatment
 - ▶ evidence collection
 - ▶ locations of service
 - ▶ Presence St. Mary's, Riverside, and Iroquois Memorial emergency departments

The myPlan Safety App Study

- ▶ Implementation of technology
- ▶ Adaptive
- ▶ Free
- ▶ Anonymous
 - ▶ May be visible on device
- ▶ Accessible

I want to help, but how?
What if I make things worse?

I'm worried about her.
Does she have a plan?

What would I do if I was her?
Would my friends help me?

What's my plan?

Learn more and
download the free app:
myPlanApp.org

myPlan
Because what's safe

Survivor Stories

<https://barcc.org/blog/details/inch-by-inch-i-have-reclaimed-myself>

<https://vimeo.com/260118051>



dedicated to healing.
advocating for change.

Conclusions

- ▶ Principles learned through crisis intervention training and participation in the SART group apply across all areas of nursing
- ▶ Medical professionals may be the first to identify victims of sexual violence so understanding how they can help is critical
- ▶ Technology has the potential to unlock a lot of resources and improve the amount of support provided to survivors

YOU ARE A SURVIVOR.



DOWNLOAD AT [UCASA.ORG/APP](https://ucasa.org/app)

Bibliography

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