

Lakeview School of Nursing  
N405 Leadership and Management  
Weekly Clinical Journal

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**Week 10 Journal:**

**Journal of Observations:**

Soon as I arrived on the unit this morning, I took the vital signs of three postpartum mothers. Two of the three mothers' blood pressures were low, like systolic blood pressure of 80 low. I reported this to the nurse and she informed me that this is normal in postpartum mothers when they are on their backs or their sides. I'm glad that I was taught this during clinical because I may have freaked out if that were my patient in the real world. I learned how to do a PKU test on a newborn. This is the 24 hour screening test that is performed on every newborn. The rest of the time I watched nurses perform assessments on newborns. I watched a provider perform a circumcision on a male newborn.

**What Leadership and Management skills were observed?**

I observed leadership skills this morning on the OB Technician. She was training a newly hired OB technician. She was very attentive and explained everything thoroughly to the new technician. She allowed her to freely ask questions and she answered them to the best of her ability. If she did not know an answer, she found out and reported back to the new technician. I think it is very important to get to know the individuals that you are working with because it opens communication and makes the process easier. I hope that when I am a new graduate nurse that my preceptor possesses similar qualities and makes my transition into the real world smoother.