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Considering the clients William and Edna Washington, I think they would benefit from an assisted living or senior apartment/retirement community. Mr. Washington has many conditions that may worsen over time and, at some point, may need frequent medical assistance or someone to provide service where Mrs. Washington cannot provide. She also has her condition of depression that may, at times, impede her ability to provide care to her husband. That is where assistive living would be helpful. A retirement community or senior apartment would meet their needs of quiet and accepting because they would be in a more like-minded community that would reduce stress.

Assistive living

a) what level of housing/care it is

Providing medical care is a less clinical environment. The building typically looks like an apartment-style building or a large house. On the inside, the building has many apartments that surround a nursing station or down hallways near a nursing station. Apartments are private, and the doors can be locked, allowing independence; however, the staff does have a key to those doors in case care is needed, collecting garbage, being called, or emergency.

b) services commonly provided or associated

Some standard services are medication management, assistance with ADLs, maintenance and housekeeping services, dining services, and financial management. There are also wellness support and entertainment activities available.

c) the limitations

This type of housing option is limited, based on building requirements. At The Waterford of Bridle Brook in Mahomet, they cannot accept those with NG tubes, PEG tubes, IV medication, or any other tubing other than an indwelling catheter or oxygen tubing. This facility is also a "no lift" facility, which means there are no mechanical Hoyer lifts, and if staff cannot safely help someone up from the floor, they must call 911 for safety. Residents who live there can either be independent or one assist. Still, a two-assist can only be temporary or may result in the resident to find another higher level of care in a different facility. Staffing is usually kept to a minimum, so when an individual needs more than a one-person assist, and there are only 2-3 available staff members in a whole building, it impedes other residents' care needs.

d) what the cost and payment sources are for these options.

Costs can range between 2,000-7,000 a month, and the reason for this wide range is because it depends on the individual's care and the apartment size they chose, and the facility's location.

An example of a resident independent in a studio apartment may only pay 2,000, where a resident with a two-bedroom two-bath with assistance for all care needs, including medication, may pay closer to 7,000. Included in this price are maintenance, transport, meals offered, and activities.

This cost can be paid with insurance, Eldercare Financial bridge loan program, VA aid, and attendance pension benefits. What remains would be paid out of pocket from saving or if the family provides support.

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Senior Apartment/Retirement Community

a) what level of housing/care it is

This level of housing/ care is entirely independent. It may be safer for adults and seniors because the community may not allow young children or younger adults to have permanent residence.

b) services commonly provided

Services that may be included are available to parks, restaurants, shops, maintenance, security, trash pick-up, and other amenities paid by the HOA. There is a 24-hour emergency help call system.

c) the limitations

Additional care needs may not be provided in a worsening condition because it is an independent living. The residents would need to be able to help themselves other than the emergency system. This type of living is similar to the family lived in their original home but in a different community.

d) what the cost and payment sources are for these options.

Costs may vary depending on the home and various expenses that change depending on how many people live in the house and other taxes they need to pay. It can range from a couple hundred a month (500-700) to thousands of dollars a month.

Resources

Senior apartment vs independent retirement community - laureate group. (2019, June 12). Laureate Group. Retrieved October 28, 2020, from <https://www.laureategroup.com/blog/senior-apartments-versus-retirement-communities/>

The waterford at bridle brook - capital senior living. (2020). Capital Senior Living. Retrieved October 28, 2020, from <https://www.capitalsenior.com/community/the-waterford-at-bridle-brook/>