

**N321 Medical/Surgical
TEACHING PLAN INSTRUCTIONS AND EVALUATION**

STUDENT NAME: Matthew Catlett _____ Date: 10/18/20 _____

Use the format page included for preparing the written component of the teaching plan. Students will be evaluated on the written plan (15 points) and on the presentation of the teaching plan (10 points). Total Points possible = 25 points.

SCORE

I. Evaluation of the **written component**

Assessment of patient/client/class	(3 points)	_____
<ul style="list-style-type: none"> Prior knowledge of subject to be taught Determine patient's motivation to learn content Health beliefs/values (Taylor pgs 70 & 513) Psychosocial adaptations/adjustment to illness Compliance with health care protocols Assess patient's ability to learn Developmental level Physical capabilities/health status Language skills/literacy Level of education 		
Nursing Diagnosis Identified	(1 point)	_____
Planning	(3 points)	_____
<ul style="list-style-type: none"> State objectives and outcomes: Include at least one from each learning domain: Cognitive, Affective & Psychomotor 		
Interventions	(2 points)	_____
<ul style="list-style-type: none"> List the content to be included in instruction. Be specific and accurate. Logical sequence. Simple to complex. Organized 		
Methods/Teaching Tools	(2 points)	_____
<ul style="list-style-type: none"> Instructional methods to be used: Examples are: Discussion <li style="padding-left: 20px;">Question & Answer <li style="padding-left: 20px;">Demonstration/Return Demonstration <li style="padding-left: 20px;">Strategies to keep patient's attention <li style="padding-left: 20px;">Methods to include patient in teaching/participation 		
Evaluation	(3 points)	_____
<ul style="list-style-type: none"> Determine achievement of learning objectives based on expected outcomes. Identify strengths/weaknesses, Suggest modifications to plan; i.e. what would have made it better 		
References Listed in APA format.	(1 point)	_____

TOTAL CONTENT _____ /15

II. Evaluation of teaching presentation	(10 points)	_____ /10
<ul style="list-style-type: none"> Introduction of content, Patient put at ease, Eye contact, Clear speech and organized presentation, Environment conducive to learning, Family included, Accuracy of info, Validation of learning status, Use of teaching aids, Appropriate non-verbal body language etc. 		

Date Submitted: _____

Total points _____ /25

**N 301 Nursing the Adult Client
TEACHING PLAN**

Student Name: Matthew Catlett _____
Nursing Diagnosis: _____

Subject: Hypertension/Hypertensive medication _____

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<p>Client is a 57-year-old female that suffers from hypertension. This client is educated and aware of her medications and what her medications do for her. Client was unwilling to talk about the extent of her knowledge of her disease and her medications. Client states that she is compliant with her medications and takes them on time every day. Client showed little to no motivation to learn, and showed little to no interest in learning about her condition and what her condition can lead to in the future if left untreated. Client's developmental level appropriate for age. Client shows lack of interest in maintaining good health due to lack of interest in health topics and poor health maintenance overall evidenced by other health issues (morbid obesity, cellulitis).</p>	<p>Cognitive Objective: The objective of this is teaching plan is to give the patient information that she can understand and use to better her health and understand how her medications can improve her health.</p> <p>Cognitive Outcome: The client refused to speak about the medications she was taking for her hypertension. She refused to talk about any course of action to further treat her hypertension such as increasing movement throughout the day and eating a healthier diet.</p> <p>Affective Objective: The client will share their personal feelings about their disorder/disease and will convey these thoughts to the student nurse to find treatment options that fit best to their needs.</p> <p>Affective Outcome: Client expressed she did not have any needs or questions about her disease or medications. Client showed no motivation to learn about disease and showed no motivation to improve health.</p> <p>Psychomotor Objective: The client will take further steps to improve health aside from current medications used. Client will be motivated to add supplemental</p>	<ul style="list-style-type: none"> -Educate the client on the importance of taking her antihypertensive medications. -Educate the client on health issues that can be caused by hypertension. -Educate the client on cardiovascular events that can be caused by hypertension and explain the seriousness of cardiac events. -Educate client on importance of regular exercise. -Educate client on appropriate diets, such as the DASH diet. -Educate the client on issues with taking medications outside of the prescribed manner. 	<p>The client was educated using paper handouts that discussed the importance of taking antihypertensive medications and was spoken to verbally about the effects of hypertension and what can happen to the body if left untreated. The client was also spoken to about the importance of a healthy diet and what foods are appropriate while on a DASH diet. The client was asked if she had any questions to present to the students and she did not respond.</p>	<p>The client did not meet the goals of the teaching. Client was unwilling to listen to student about the importance of lower blood pressure and how to do that. I believe that if this client listened to the physicians, dieticians, and other members of the healthcare team, she would have much more success in reducing the effects of hypertension and the other health issues that she present to the hospital with. My weakness is that I was unable to get through to this client the importance of her health, the importance of a proper diet, and the importance of staying on schedule with her medications.</p>

	<p>treatments that she can control to her daily regimen.</p> <p>Psychomotor Outcome: Client expressed that she is unwilling and unable to add any supplemental treatments to her daily life. Client explained that due to poor health she is unable to add minimal exercise to her health plan.</p>			
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Reference(s): Bisoprolol: Uses, Dosage & Side Effects. (n.d.). Retrieved October 20, 2020, from <https://www.drugs.com/bisoprolol.html>

High blood pressure (hypertension). (2018, May 12). Retrieved October 20, 2020, from <https://www.mayoclinic.org/diseases-conditions/high-blood-pressure/symptoms-causes/syc-20373410>

How to make the DASH diet work for you. (2019, May 08). Retrieved October 20, 2020, from <https://www.mayoclinic.org/healthy-lifestyle/nutrition-and-healthy-eating/in-depth/dash-diet/art-20048456>