

N441 Adult Health III
TEACHING PLAN INSTRUCTIONS AND EVALUATION

STUDENT NAME: Kaytlynn Roberts

Date: 09/28/20

Use the format page included for preparing the written component of the teaching plan. Students will be evaluated on the written plan (15 points) and on the presentation of the teaching plan (10 points). Total Points possible = 25 points.

SCORE

I. Evaluation of the written component

Assessment of patient/client

(3 points)

Prior knowledge of subject to be taught
Determine patient's motivation to learn content
Health beliefs/values
Psychosocial adaptations/adjustment to illness
Compliance with health care protocols
Assess patient's ability to learn
Developmental level
Physical capabilities/health status
Language skills/literacy
Level of education

Nursing Diagnosis Identified

(1 point)

Planning

(3 points)

State objectives and outcomes: Include at least one from each learning domain:
Cognitive, Affective & Psychomotor

Interventions

(2 points)

List the content to be included in instruction. Be specific and accurate.
Logical sequence.
Simple to complex.
Organized

Methods/Teaching Tools

(2 points)

Instructional methods to be used:
Examples are: Discussion
Question & Answer
Demonstration/Return Demonstration
Strategies to keep patient's attention
Methods to include patient in teaching/participation

Evaluation

(3 points)

Determine achievement of learning objectives based on expected outcomes. Identify strengths/weaknesses, Suggest modifications to plan;

i.e. what would have made it better

References Listed in APA format.

(1 point)

TOTAL CONTENT

_____/15

II. Evaluation of **teaching presentation**

(10 points)

_____/10

Introduction of content, Patient put at ease, Eye contact,
Clear speech and organized presentation, Environment conducive to learning,
Family included, Accuracy of info, Validation of learning status, Use of teaching aids,
Appropriate non-verbal body language etc.

Date Submitted: _____

Total points

_____/25

**N441 Adult Health III
TEACHING PLAN**

Student Name: Kaytlynn Roberts

Subject: Moderate Sedation

Nursing Diagnosis: Risk for impaired comfort R/T colonoscopy procedure.

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<p>Prior knowledge of subject to be taught?</p> <ul style="list-style-type: none"> - The patient had prior knowledge about moderate sedation due to previous colonoscopy procedure. <p>Determine patient's motivation to learn content?</p> <ul style="list-style-type: none"> - The patient is eager to learn because it will help prevent possible complications R/T the procedure. <p>Health beliefs/values</p> <ul style="list-style-type: none"> - The patient has no conflicting health beliefs or values. 	<p>Cognitive:</p> <ul style="list-style-type: none"> - By the end of the teaching, the patient will be able to verbalize what to expect when given the moderate sedation. <p>Psychomotor:</p> <ul style="list-style-type: none"> - By the end of the teaching, the patient will demonstrate how to maintain her arm in a dependent position to allow the medication to work effectively. <p>Active:</p> <ul style="list-style-type: none"> - The patient was eager to learn and will express any questions or concerns she has at the end of my teaching. 	<p>Preprocedure Education:</p> <ul style="list-style-type: none"> - The patient should have nothing to eat or drink for a certain amount of time before the procedure. - The nurse should educate the importance of obtaining a complete medical list, and any prior medical conditions. - The nurse should also ensure that the patient has a driver before administering the medication to ensure patient safety. <p>Procedure Education:</p> <ul style="list-style-type: none"> - Arm Positioning: Patient should keep both arms in a dependent position to allow proper medication administration and blood pressure readings. - The patient should try to remain relaxed during the procedure to avoid decreased sedation effects. <p>Postprocedure Education:</p> <ul style="list-style-type: none"> - The patient will remain in recovery for 30 minutes or as long as needed to 	<p>-My Patient is AOX4; therefore, I used discussion and the question/answer methods during the teaching.</p> <p>-The patient was presented the opportunity to ask any questions during the teaching.</p> <p>-The patient was involved in the teaching by asking how the medication can affect her blood pressure.</p> <p>- The patient was provided a handout about what moderate sedation is, how to prepare for it, what will happen during and after,</p>	<p>Cognitive:</p> <ul style="list-style-type: none"> - The patient was able to verbalize what to expect before and after the administration of the moderate sedation. "I will be sleepy, but I will still be aware." <p>Psychosocial:</p> <ul style="list-style-type: none"> - The patient was able to demonstrate how to maintain her arm in a dependent position. <p>Affective</p> <ul style="list-style-type: none"> - The patient had a complete understanding of the teaching. The goal was completed.

<p><i>Psychosocial adaptations/adjustment to illness?</i></p> <ul style="list-style-type: none"> - The patient has accepted the psychosocial adaptations/adjustments that are necessary. The patient understands that she can reduce her chances of developing polyps if she increases her fiber to decrease the risk of constipation. <p><i>Compliance with health care protocols?</i></p> <ul style="list-style-type: none"> - The patient was compliant with health care protocols. The patient presented no issues throughout my shift. <p><i>Assess patient's ability to learn</i></p> <ul style="list-style-type: none"> - The patient can understand the information being presented 		<p>return to a normal state.</p> <ul style="list-style-type: none"> - Educated the patient that she may feel tired, weak, have headaches, watery eyes, or unsteady on her feet following the procedure. - The patient may also have trouble concentrating or short-term memory loss. If symptoms continue longer than 24 hours, contact your provider. - Educated the patient that she could not drive, operate heavy machinery, sign important documents, or drink for 24 hours following the procedure. 	<p>and the risk of administering moderate sedation.</p>	
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and is very well educated.

Developmental level

- The patient is AO x4 and has no developmental delays.

Physical capabilities/health status

- The patient is a healthy 45-year-old female with a past medical history of fibromyalgia. This is the patient's second colonoscopy. The colonoscopy is being completed to investigate the patient's irregular bowel pattern.

Language skills/literacy

- The patient speaks English as his first language. The patient did not need a translator.

<i>Level of education</i> - The patient has her bachelor's in teaching.				
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Reference(s):

Doenges, M. E., Geissler-Murr, A., Moorhouse, M. F. (2010). *Nursing care plans: guidelines for individualizing client care across the life span* (Eight). F.A. Davis Co.