

Communication is an essential aspect when providing care for clients. This journal relates to the course material, as discussed this week, to determine different communication skills. The concepts this nursing student easily mastered was gaining an understanding of the benefits of communication. This week's difficult concepts for this nursing student are learning different communication styles related to body language. Of everything this nursing student has done this week, this nursing student is most proud of understanding the importance of the material provided this week. This nursing student has learned to take one week at a time. The article goes into detail about the importance of effective communication skills. Understanding body language when it comes to body language is essential as some individuals express their feelings through body expressions. The article discusses listening as effective communication skill. Listening is crucial as a nurse to define issues the client may be experiencing. This nursing student looks forward to the upcoming material in the semester.

Reference

Payton, J. (2018). Improving Communication Skills within the Nephrology Unit. *Nephrology Nursing Journal*, 45(3), 269–280.