

Journal#4 (week 6)

This article journal article covers the communication skills that are related to this week's class material. This article has nice tables like Effective Verbal Communication with Patients, Do's and Don'ts of Verbal Communication with Patients, Essential Interpersonal Skills, and Effective Written Communication. Effective communication is requiring for all interdisciplinary team members; then, everybody will confidently connect with fewer problems (Payton, 2018). Listening is a crucial part of efficient communication. Questions can occur when one person is not listening to another. Listeners should prevent being distracted while having a discussion (Payton, 2018). This week I quickly learned Communication skills. I know what to tell when and how, but what I have learned about myself is that I need to learn communicating with others. I am getting scared while sharing my ideas with others because of the language barrier. This week's difficult concept for my Organizational structure, I would say the whole chapter. I must focus on that chapter more for the exam that all I know.

Reference

Payton, J. (2018). Improving Communication Skills within the Nephrology Unit. *Nephrology Nursing Journal*, 45(3), 269–280.