

N323 Clinical Daily Summary

<p>Age: 27</p>	<p>Sex: male</p>	<p>Primary Diagnosis: major depressive disorder</p>	<p>Secondary Diagnosis: n/a</p>
<p>HPI: Client is a 27-year-old male who was admitted for suicidal ideations with plan to overdose on his prescription medications. Patient reports worsening symptoms of depression over the last week related to homelessness, unemployment, and a pending court date. Patient reports a decrease in appetite, insomnia, feelings of hopelessness and helplessness, as well as auditory and visual hallucinations. Patient's affect was blunted and depressed and exhibited a disorganized thought process as well as delusional thinking. Patient denies homicidal ideations at this time. Patient reports that he struggles with alcohol and marijuana abuse but denies a need to detox from ETOH. Patient previously was admitted to the pavilion for suicidal ideations as well as detox and rehab for ETOH abuse.</p>			
<p>Affect: The patient was very talkative and was constantly seeking attention. He would ask to use the telephone every couple of minutes. The patient was very open and talkative in group. He wanted to add his opinion into everything even when it was not his turn.</p>			
<p>Meds: Trazadone 50mg PO everyday Albuterol inhaler 2 puffs every 6 hours PRN</p>			
<p>Group: Our topic for group on Monday was core values. We discussed certain core values and whether we thought they were of value to the world or not of value to the world. Some of the core values we talked about were family, freedom, consistency, education, fitness, respect, connection, dependability, loyalty, and peace. Just about everyone in group had their turn to talk and was very opinion about their personal beliefs and values. There was only one patient who thought that it was a waste of time and did not want to be there, but even that patient spoke up when called on. Overall it was a really good group and I enjoyed listening to what everyone had to say.</p>			

Reflection:

I talked with my patient and that patient was very open and honest with his history and why they were there. They participated in group and was doing well. They stated, "I feel better and can not wait to get out and start doing better for myself." Group was also very beneficial. I really like listening and sitting in. I like to hear everyone's stories and what they are thinking inside of their heads. Every client has their own personal beliefs and values and are not afraid to share. Overall, I really enjoy my time during group and it even sometimes helps give me advice for my own personal issues and see things from someone else's perspective.