

Lakeview College of Nursing

Week 6

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Journal 4: Improving Communication Skills

On week 6 we are reviewing communication; that is why the article "Improving Communication Skills within the nephrology unit" relates to this week's class content. The article mentions the importance of effective communication skills which includes verbal communication, the importance of listening, body language, empathy, charisma and influence. Also includes the importance of preparing for stressful conversations and being cooperative when handling difficult people. Also explains miscommunication causes such as people only getting one perspective, not including others opinions making a one-sided dialogue, hurried communication, communication barriers, misinterpretation and poor listening skills.

Concepts from class I mastered are the need of effective communication; it seems such an easy concept but almost all the places where I have been as a student and as a nurse seems that could have some improvements in their communication skills. Great teams communicate effectively and professionally; if there is no communication, adequate care its impossible and is detrimental for patient care.

Reference

Payton J. (2018). Improving Communication Skills within the Nephrology Unit. *Nephrology Nursing Journal*, 45(3), 269-280.

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