

Virtual Simulation Module 5 – Family as Client: Public Health Clinic

Levels of Housing and Care for the Aging Family

- Background:
 - William and Edna Washington, clients observed in the virtual experience, need to move to a new living situation that meets their current health needs and abilities.
- Instructions:
 - Student should find and explore several reputable websites to help understand and differentiate between the various housing/living options available to seniors.
 - Based on findings from the website exploration, students should then create a table that describes in their own words the various levels of housing and care often utilized by seniors. Students should indicate what services are commonly provided or associated with each level of housing and limitations of each level, and should consider payment sources for the various settings.
 - In the table, students should address the following living/housing options:
 - Skilled Nursing Care (Nursing Home)
 - Transitional Care/Rehab facility
 - Memory Care (Dementia/Alzheimer’s Care)
 - Assisted Living
 - Home Care / In-home Services
 - Adult Day Care
 - Senior Apartment/Retirement Community (Independent Living)
 - Students should then list 3 or more considerations elderly people like William and Edna need to think about before making a housing choice.
 - Students should also list 3 websites that provide information about senior housing options in different ways and could be used by seniors. Identify clear rationale for referring elderly clients to these websites.
 - Students should submit the completed table to the dropbox.

Housing	Criteria
Skilled Nursing Care (Nursing Home)	<ul style="list-style-type: none"> • The need for equipment relating to their condition (Catheter IV) <ul style="list-style-type: none"> ○ The level of their ability to perform ADLs ○ Behavioral and Cognitive function- Aggression and impulsive or memory conditions. ○ Physicians order for admission
Transitional Care/Rehab facility	<ul style="list-style-type: none"> • Specialized therapy with at least 72 hours of being admitted t

	<p>a hospital for.</p> <ul style="list-style-type: none"> • Daily Skilled nursing care needed
Assisted Living	<ul style="list-style-type: none"> • 18 years and older. Criteria involves how much care is needed, medical conditions and their ability to afford the care.
Home Care / In-home Services	<p>Certified Dr. Requirement of one of the four:</p> <ul style="list-style-type: none"> • PT/OT • Speech • Intermediate skilled nursing • Certified as homebound
Adult Day Care	<ul style="list-style-type: none"> • Functionally impaired and 60 years and older
Senior Apartment/Retirement Community (Independent Living)	<ul style="list-style-type: none"> • Ability to perform all ADL's with no help.
Memory Care (Dementia/Alzheimer's Care)	<ul style="list-style-type: none"> • Mild-Severely impaired memory problems/cognitive impairment • Dementia due to Alzheimer's • Pre- symptomatic Alzheimer's

<https://www.seniorliving.org/care/admissions-criteria/>

<https://www.alz.org/>

<https://www.seniorguidance.com/>

[senior-living/assisted-living-nursing-home-requirements/](#)

Considerations

Three things that are crucial in the decision of housing for Elderly include:

1. Do they have enough money saved up to provide for their housing cost, if not, are they involved in a program that can help them out with cost?
2. What type of care do the individuals need, if they are with their significant other, is their care the same, which would result in the same housing. However, are their needs different from one another, which could place them in a situation of going into different housing facilities.
3. Do they have all the knowledge needed about the housing, insurance, programs that are beneficial for their situation and cost-benefits? If they do not, it is crucial they are taught and provided with the following information to increase their well-being.