

N312 HEALTH ASSESSMENT
LAB TEST OUT #1 FORM
Total 100 points

Student Name: Devon Miezio

Date: 09/17/2020

Client Name: Happy Kalavadia

DOB: 01/01/1988

CC: "Ringing in the left ear"- Tinnitus of the left ear

Vital Signs and Client Demographics:

B/P: 126/82 mmHg	Pulse: 88 bpm	Temp: 98.0 F	Gender: Female
Pain: 6/10	RR: 16 bpm	Weight: 130 lbs	Marital Status: Married
Assistive Devices: None	O2 sat: 98%	Height: 5'1"	Occupation: Homemaker
Primary Language: Hindi	Race: Hindu	Religion: Hindu	Code Status: DNR

Allergies and Type of reaction:

Seasonal allergies (difficulty breathing, sneezing). Patient reported no other allergies.

History of present Illness (OLD CART):

Onset: Patient states tinnitus sensation began 3 days ago.
Location : Patient states that the location of the ringing sensation is inside of the left ear.
Duration: Patient states that tinnitus is intermittent and mostly happens when she swims or takes a shower.
Characteristic symptoms: Patient describes tinnitus as a "humming sound and irritating"; rated their pain a 6 on a scale of 0 to 10 with 0 being no pain and 10 being the worst pain imaginable.
Associated Symptoms: Patient reports experiencing episodes of dizziness and nausea with onset of tinnitus.
Relieving/Exacerbating Factors: Patient states that lying down on their left side slightly helps to alleviate the pain being experienced.
Treatments: Patient states that they had tried to use Castor oil to help relieve the pain experienced with tinnitus but it was not effective.

PMH: Patient reports current adult illnesses of hypothyroidism and diabetes.

PSH (Provide dates): Patient reports having kidney stones removed (percutaneous nephrolithotomy) at the age of 28, in 2016.

MEDICATIONS:

Name: Prenatal Vitamins

Dose: 1200 mcg/day

Route: Orally

Frequency: Once a day

Last Taken: Morning of 9/17/20

Name: Vitamin B12

Dose: 800 mcg/day

Route: Orally

Frequency: Once a day

Last taken: Morning of 9/17/20

FAMILY HISTORY (Maternal and Paternal Side- Mother, Father, Grandparents-Clarify maternal or paternal side, and Siblings):

Patient reports a family history of hypothyroidism from her mother and a family history of rheumatoid arthritis from her father. Both sets of grandparents are deceased. Patient's paternal grandfather passed away due to a stroke (CVA).

SOCIAL HISTORY:

Living Arrangements: Patient currently lives with their husband

Tobacco Use: Patient denies past or current use of tobacco or tobacco products

Alcohol Use: Patient denies past or current use of alcohol

Recreational Drug Use: Patient denies past or current use of recreational or illicit drugs

Review of Systems (Circle if positive and provide subjective detail from client):

General	Fatigue, weight changes, fevers, chills, night sweats Patient denies experiencing any of the above conditions
Skin	Dryness, rashes, lesions, non-healing sores, hair changes, puritis Patient denies experiencing any of the above conditions

HEENT	<p>Headache, head injury, blurry vision, double vision, earache, drainage, change in hearing, nasal congestion, nose bleeds, nasal drainage, dry mouth, sore throat, swallowing difficulty,</p> <p>Earaches:</p> <ul style="list-style-type: none"> • Patient states that earaches began 3 days ago in the left ear, which is the same ear where the tinnitus is occurring; the earaches are reported as being mostly intermittent, but can even sometimes continue beyond the conclusion of the tinnitus episodes; Patient describes earaches as a “stinging or dull sensation when they occur”; patient also reports mild nausea if earaches increase in pain but does not occur often, only occasionally; Patient states that they have tried Castor oil to help relieve the pain from the earache but it did not prove to be effective; Patient states that lying on the left ear in bed does provide some effectiveness when attempting to relieve ear pain.
Cardiac	<p>Chest pain, palpitations, diaphoresis, dyspnea, PND, Orthopnea, claudication</p> <p>Patient denies experiencing any of the above conditions</p>
Respiratory	<p>Wheezing, cough, difficulty breathing, increase in sputum production</p> <p>Patient denies experiencing any of the above conditions</p>
Gastrointestinal	<p>Nausea, vomiting, diarrhea, constipation, abdominal pain, heartburn, jaundice, Hematochezia, Melena, Last episode of nausea and/or vomiting if connected with history of present illness: Patient reports last episode of nausea was 5 days ago, which may be unrelated to chief complaint considering tinnitus episodes began 3 days ago and has been happening intermittently until today’s office visit.</p> <p>Passing Gas: <u>YES/NO</u> <u>YES</u></p> <p>Last bowel movement: Morning of 9/17/20</p> <p>Nausea:</p> <ul style="list-style-type: none"> • Patient reports nausea occurs when ringing in the ear begins and it is intermittent; patient denies trying anything to relieve or treat the nausea.
Genitourinary	<p>Hesitancy, frequency, urgency, burning, hematuria, incontinence, flank pain, male urine flow changes,</p> <p>female LMP: 8 months ago</p> <p>Last urination: Morning of 9/17/20</p> <p>Sexually Active: NO</p> <p>Chance of pregnancy: Currently pregnant</p> <p>Patient denies experiencing any of the above conditions</p>
Musculoskeletal	<p>Swelling, stiffness or soreness in joints, back or neck pain</p> <p>Patient denies experiencing any of the above conditions</p>
Neurological	<p>Weakness, numbness, LOC, syncope, dizziness, headache, coordination changes, recent falls</p> <p>Dizziness:</p> <ul style="list-style-type: none"> • Patient reports dizziness began 2 days ago and it is also intermittent; patient states that they experience mild dizziness when tinnitus episodes begin and when lying down in bed; patient states that episodes of dizziness do not worsen nausea; patient states that when sitting up slowly before getting out of bed, this tends to help alleviate some dizziness.

Total points Awarded: **out of 100 points**

PASS or FAIL: _____

Instructor comments if applicable:
