

Asthma is a disease that can affect any age, sex, or race and decrease the quality of life. According to the CDC prevalence percentage chart 2018, children being affected by asthma is 7.5%. The percentage of adults being affected by asthma is 7.7%. The rate of females being affected by asthma is 9.1% compared to males at 6.2%. It seems that the black community is affected by asthma at 10.6% compared to the whites at 7.6% and Hispanic at 6.4%. In 2018 the mortality rate of children under 18 was 192, and adults over the age of 18 mortality rate in 2018 were 3248 (Asthma surveillance, 2020). Visit a clinical site regarding management and care for asthma should happen about every six months with patients whose asthma is under control (Asthma surveillance, 2020). From the year 2010 to 2016, the number of overall visits with children and adults to a clinical site regarding asthma control has dramatically gone down. It is essential to educate and promote the care to maintain proper care for patients with asthma.

Reference:

Asthma Surveillance Data. (2020, January 28). Retrieved September 08, 2020, from <https://www.cdc.gov/asthma/asthmadata.htm>