

**Vitatal Simulation Module 5 - Family as Client: Public Health Clinic**  
**Levels of Housing and Care for the Aging Family**

**Skilled Nursing Care (Nursing Home)**

**Levels of housing**

Community housing  
Temporary housing  
Permanent housing

**Services provided**

Fully furnished accomodations  
Nursing care  
24 hour supervision  
Three meals per day  
Assistance with ADLs  
Health management  
Rehab services (PT/OT/speech)

**Transitional Care/Rehab facility**

Community housing  
Private apartment  
Private room

Fully furnisehd accomodations  
Community sober living rules  
24 hour supervision  
Social & recreational activities  
Therapy programs

**Memory Care (Dementia/Alzheimer's Care)**

Dedicated floor/wing  
Private room

Fully furnished accomodations  
Nursing care  
Security & on-site staff  
24 hour supervision  
Three meals per day  
Assistance with ADLs  
Housekeeping & laundry  
Health management  
Therapy programs

**Assisted Living**

Community housing  
Private apartment

Security & on-site staff  
24 hour supervision

Private room  
Three meals per day  
Assistance with ADLs  
Housekeeping & laundry  
Social & recreational activities

**Home Care/In-home Services**

Private home  
Private apartment  
Caregivers  
Assistance with ADLs  
Housekeeping & laundry  
Health management  
Rehab services (PT/OT/speech)

**Adult Day Care**

Non-residential facility  
Caregivers  
Meal delivery  
Assistance with ADLs  
Rehab services (PT/OT/speech)  
Short-term rehabilitation

**Senior Apartment/Retirement Community (Independent Living)**

Community housing  
Retirement home  
Retirement apartment  
Retirement community  
Fully furnished accommodations  
Healthcare services  
Recreational programs  
Three meals per day  
Housekeeping & laundry

**Limitations**

Expensive  
Loss of independence  
Limited privacy  
Limited healthcare

**Payment sources**

Out-of-pocket  
Medicare  
Medicaid

Loss of independence  
Structured rules/environment  
Insurance may not cover

Out-of-pocket  
Medicare  
Medicaid

Expensive  
Loss of independence  
Limited privacy  
Structured rules/environment

Out-of-pocket  
Medicare  
Medicaid

Expensive  
Limited privacy

Out-of-pocket  
Medicaid

Limited healthcare

Disability accessibility  
Caregiver deficiencies  
Limited healthcare

Out-of-pocket  
Medicare  
Medicaid

Expensive  
Caregiver deficiencies  
Limited healthcare

Out-of-pocket  
Medicare  
Medicaid

Expensive  
Loss of independence  
Limited privacy  
Structured rules/environment

Out-of-pocket  
Medicaid