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Nursing Philosophy APA

A professional nurse is defined as the use of science and theories as a basis for the professional

practice along with art when modifying care approaches. Professional nurses assume the responsibility

to the public for using the best evidence to provide safe, high quality health-related services for all

whom they serve. (Leddy and Pepper's Professional Nursing). An example of being a

professional nurse in real life form is when I had my daughter. The nursing staff was very

knowledgeable in preparing for almost every worsts case scenario. They answered all of my

questions I was informed of what my plan of care would be every step of the way. They knew

my history which also made me feel safe every step of the way.

I have always wanted to be a nurse since I was a little girl, from performing little surgeries on

my dolls, to real life situations in working in a hospital setting for over ten years. I've always

wanted to work in a field where there was room for growth and to apply all the nursing

practices I will learn in the classroom as well as clinicals. I had the pleasure of seeing my father

who was passed away from CHF in hospice and the nursing staff was wonderful. They gave me

and my family all the time we need to grieve at his bedside and took the time to answers and follow-up questions we had later. This is one of many reasons why I chose nursing as my

profession.

Nursing metaparadigms are made up of four sections, the person, environment, health and

nursing components. The first section I will discuss is the person. The person portion of is

focused on the receiver of care which includes family members and other groups associated

with the patient. The care portion contributes the person's religious and social needs along with

health care needs for the patient. The environment part will focus on the surroundings that affect the patient which includes internal and external influences and how to client interacts with their surroundings will play a significant role with family and friends and associates. The health portion the client's genetic lifespan of the physical, emotional intellectual and social wellbeing integrated with health care.