

Nursing Philosophy APA Paper

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“I have neither given nor received, nor will I tolerate others’ use of unauthorized aid.”

When I think of a professional nurse, an individual who is compassionate about their career and provides the best care possible to their patients is what comes to my mind. Having the knowledge as well as the drive to provide exceptional care for patients is important. I also think of a professional nurse as someone who is very attentive, responsible, and caring towards others.

A philosophy is the study of the fundamental nature of knowledge, reality, and existence, especially when considered as an academic discipline. When growing up I was always the motherly nurturing type towards others. I always wanted to help out and enjoyed seeing their smiling face after my task was complete. It is my passion to take care of others making sure their needs are met which is why I have chosen a career in nursing. Although being a Nurse can be very difficult at times and not always have the best outcomes, it is also very rewarding. Whether it be helping with the transition and coping with the declining health of my patient or just being a listening ear or a smiling face brings me much happiness. A nursing philosophy is a statement of what I believe, what my values are, as well as the way I think a patient should be cared for. Being empathetic, having good communication skills, and being respectful are great qualities that every nurse should uphold. As a nurse it is our job to make sure our patient's needs are being met and that they are receiving the best care possible. How a nurse interacts with their peers is also very important. When working as a nurse you are not only working with your patients but also working as a team with your coworkers. The number one goal and main focus as a nurse is your patient care (Davis, C. 2014). When working together as a team, this helps to provide the patient with the best care. Providing a safe environment for your patient and using your best knowledge to educate and teach your patient about their condition or illness is very important as your job as a nurse (Branch, C., Deak, H., Hiner, C., & Holzward, T., 2017).

As a senior in high school I took the Health Occupations class and received my CNA certificate. While doing my last month rotation, I observed on the OB floor at Sarah Bush. After the first week I knew that was where I was meant to be. The emotions I felt were indescribable. The atmosphere was truly something I have never experienced before. I was able to observe a cesarean section, different procedures, and a few natural births. After having 2 children of my own and experiencing the entire process for myself makes me even more passionate about labor and delivery. I was fortunate enough to have the same delivery nurse for both of my deliveries. She was the most caring, compassionate nurse and made a huge impact on my life. In the year 2025 I hope to be working as a labor and delivery nurse at a hospital nearby.

## References

Branch, C., Deak, H., Hiner, C., & Holzward, T. (2017, October). Four Nursing Metaparadigm, 123-125. Retrieved from

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Davis, C. (2014). The Importance of Professional Standards. *Nursing Made Incredibly Easy*, 5, 4. doi: 10.1097/01.NME.0000452691.04516.96