My Philosophy of Nursing

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Nursing Philosophy

I believe a professional nurse is much more than someone who provides care for a patient. When a patient comes into a medical setting and is under the care of the nurse, it is the nurse's responsibility to be that patient's advocate. A nurse's role is to make sure that not just the patients' needs are met, but also the family of the patient needs are met and satisfied. Being in this profession you console people after their loved one passes away, and you get to celebrate with a mom who just delivered her first child. An article written by Nadine Woogare in 2019 from Nursing Times titled "Being Professional- What it Means for Nursing" provides a deep look into professional nursing. This article provides four main principles of Nursing; "Make the care of people your first concern, treating them as individuals and respecting their dignity, work with others to protect and promote the health and wellbeing of those in your care, their famili3es and careers and the wider community, provide a high standard of practice and care at all times and be open and honest, act with integrity and uphold the reputation of your profession" (Woogare). In my opinion, these statements describe the backbone of the profession perfectly.

My little brother Lucas was diagnosed with Soto's Syndrome and Epilepsy when he was a baby. Growing up I have been to a lot of doctor visits with Lucas and have had many experiences with nurses in different parts of the medical field. The nurses and providers I have met have made huge impacts in my whole family's life, in a positive way. They have provided professional nursing skills and excellent care through Lucas's healthcare history. This is a huge reason why I am choosing to go down the nursing path. Seeing the impact of professional nurses in people's life has inspired me to help people the way nurses have helped my family in the past. This is why I find the environment of patient care so important in professional nursing, and the way the patient understands and meets their healthcare needs. Deb Dupree wrote an article in

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December 2018 about the four main components of nursing in an article titles "Four Basic

Metaparadigm Concepts in Nursing" going into depth on each four sections. After looking

deeper into this I found that even though all concepts are very important, environment for the

patient is the most important in professional nursing. Dupree states that how good or bad the

environment plays a huge role in the quality of care that patient receives. The reason that this is

so important is because nurses can play such a huge role in this environment, and it will always

be very important to me too establish a good environment (Dupree).

Professional nursing is such an important aspect of healthcare and affects so many people

on a day to day basis. This is a huge reason that I have been so attracted to nursing and am

trying to make my life around it. Being able to make a positive impact on peoples is very

important to me and will always be my end goal as a nurse.

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"I have neither given nor receive, nor will I tolerate others' use of unauthorized aid".

References

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