Nursing Philosophy APA Paper

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I have neither given nor receive, nor will I tolerate others' use of unauthorized aid

What is a professional nurse?

A professional nurse is an individual who is willing to use their knowledge to the best of their abilities in order to help someone who seeks physical, mental, and emotional care. A professional nurse also has the passion to be able to solve the problem that is put on their plate with the skills they have attained in school and career. They exhibit the beliefs, values, and mission of the institution that they are a part of without sacrificing their own. They provide quality care to anyone and everyone who is in need regardless of their own beliefs and values.

Nursing Philosophy: Personal beliefs, values, and ethics

My philosophy regarding to the profession of nursing and care of patients is that, when a patient is under my care, their own beliefs, values, and ethics are their own regardless if they match mine or not. Of course, as a professional nurse, I need to provide quality care based on the cultural beliefs, values, and ethics of the patient. That's what we are learning in school now is how to be able to provide patient centered care. As long as the patient cooperates, my own beliefs and values are slightly irrelevant when caring for the patient. My goal is to be able to give care that is appropriate for the patient, environment, situation, and their beliefs and values. I want to be able to help because I am confident that I will be trained by great teachers and that while pursing my own professional growth, I also want to stay true to my words when I applied to LCN which is that when I am done with school, that I will be a great representative of the school by displaying professionalism and providing quality care. As stated on the article, "Nurses' Experiences of Caring for Patients with different cultures in Mashhad, Iran," by Rana

Amiri and Abbas Heydari that "Some of the nurses indicated that when the culture of the patient is different, they try to provide better support, more attention and care, and do their best so that the patient does not suffer because of his difference." Yes, mutual understanding plays a big part in health care, but as nurses, we need to be able to attend to the need of the patients and help them the best we can.

Why you want to be a professional nurse?

I want to become a professional nurse because of a few reasons that I have. The main reason is that I am very passionate about health care in every way, shape, or form. I find intense passion for helping others and being able to make an impact to see them be able to live a healthier life. My journey to become a nurse all started some time during junior year of high school, I was overweight, really not in the best mental state, and my physician informed me that if I don't do anything about my eating habits and activity levels that I am putting myself at risk with a lot of health related problems. At this point in my life, I haven't really taken a lot of things seriously, up until what my physician told me. I decided to take control and get healthier, looking through the internet for information, reading books, looking for mentors, not just for becoming physically healthy, but also to improve my mental health. As stated in "Positive Developmental Changes after Transition to High School…" by Shuhei Iimura and Kanako Taku, "Studies have confirmed that adolescents may experience growth as a consequence of their psychological struggle with a variety of stressful life events." My physician telling me that I was at risk was the wall that I hit that would force me to grow. Fast forward a year, senior year, I was living my best life in my best shape, and I had just gotten off the phone

with one of my role models in life, my aunt, who is a pediatric nurse in Saudi Arabia. So after that, I thought to myself, "hey why not become a nurse and help others!" That's when I started my path to taking prerequisites at Parkland College and eventually running into Nija Givens, a recruiter from Lakeview College of Nursing, who gave me all the information I needed to able to get closer to achieving my dream of becoming a professional nurse. So now, here I am, writing a paper for one of my classes in nursing school, excited to take on the challenges to learn whatever I need to so that I can fulfill that dream.

Where will I be in the year 2025?

Assuming that my class graduates in May of 2021, I am envisioning that I will be at the point of my career where I am just getting settled and confident with the skills that I have built up over the years of experience. Hopefully I would've either finished a master's program or close to finishing. At this point, it's really too early for me to say clearly because I don't like thinking about the future too much because what I have experienced is that the more I think about the specifics of the future, the further away I get from it. I like setting long-term goals composed of short-term goals and work my way through them and as my preferred future gets closer within reach, then I start thinking about the specifics.

References

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