Philosophy of Nursing

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I have neither given nor receive, nor will I tolerate others' use of unauthorized aid.

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Introduction

My experience in a professional healthcare setting is limited. Working as a DME tech, I have had a lot of interaction with healthcare professionals including nurses. I thoroughly enjoyed the interaction I had with patients both in-home health settings as well as the clinical setting. I am drawn to nursing because of hands-on situations and being able to make a positive impact on people's lives. As I continue my education and start a career my perception and philosophy of nursing might change. I think it is eminent to state my current personal philosophy of nursing, so I don't lose sight of what is important and the reasons I decided to follow this career path.

Nursing Philosophy

I believe to be a successful, competent, safe, respectful, and professional nurse, one must adhere to a code of values. According to ATI, "A professional nurse means compassion and patience, empathy and sensitivity. This means being there for a total stranger at all hours of the day and all hours of the night. It's also that ability to help keep a patient's loved one calm, even in the most stressful of situations. Nurses are leaders. They are communicators and professionals. They are a patient's confidant and their advocate" ("What it Means to be a Professional Nurse" 2017). Professional values for nurses involve standards effective for problem-solving, interacting with patients, making decisions on care, and forming the proper nursing

attitude (Bahadir- Yilmaz 2018). These standards will help shape the outcome regarding the provision of care for patients (Bahadir- Yilmaz 2018).

As a whole, I believe the nurses have one of the most critical roles in patient care. In many cases, a nurse is the first and last person a patient will remember seeing. Nurses carry out many different duties to ensure the patent is being cared for with hopes of exceeding the patient needs and expectations. In the clinical setting, I imagine it may become difficult to remember that a patient is a person just like us. After working a while and getting used to being a caretaker it is important to remember the patient is not a subject, they are an individual (Deak, Hiner, & Holzwart 2016). It will help to remember this by establishing a bond with them and getting to know them. There are internal and external factors that influence the patient's environment (Deak, Hiner, & Holzwart 2016). The patient's environment includes their surrounding as well as the individuals around them. Another aspect of the nursing metaparadigm to consider is health. The whole reason we are in this field is to improve the health of those we are responsible for. Health is comprised of the quality and wellness of a patient, both mentally and physically (Deak, Hiner, & Holzwart 2016).

Conclusion

I hope I can use these aspects that make up my philosophy of nursing to be successful in my career. The patient comes first, but it is important to care for yourself as well. My confidence in myself as a nurse will advance by building strong relationships with patients and coworkers, along

with the skills I acquire. By the year 2025, I hope to be excelling in my career

and my life. Upon graduation, I hope to work in the ER at Carle as an RN for a

couple of years. If that goes well, I would like to continue my education to

become a physician's assistant.

References

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