

Nursing Philosophy
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I have neither given nor receive, nor will I tolerate others' use of unauthorized aid.

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Behind every professional nurse is years and years of training. There are countless hours of work they have done in order to be where they are. Many before them couldn't do it but they braved the challenge and dove in headfirst. They are successful when it comes to nursing because they put their heart and soul into their work. They have probably shed tears, made hard sacrifices and thought about quitting a million times. They were tough and stuck with nursing through it all and grew into a smart, fast and inspirational professional nurse. In order to become a professional nurse, you have to know what the life is all about and what it looks like to others.

A professional nurse is not someone who comes to work at their clinic or hospital every day and just gets the job done. They aren't the people that come in just for the paycheck or just to swipe in and out on a time clock. A professional nurse is not someone who does the same exact thing time and time again and doesn't think about what is going on or being affected around them. A professional nurse is not someone who walks with their head down to avoid things. They are not someone who runs through every day seeing strangers surround them. A professional nurse is the opposite of all these things.

For example, I would never see a professional nurse come into work not acknowledge a soul on the way in and find an area where they can ignore the population around them. They wouldn't sit behind a desk with a mean mannerism watching people suffer and think of them as inconveniences. They would never go an entire shift secluding themselves so that people cannot seek their assistance in tedious tasks. A professional nurse wouldn't leave work without affecting their environment or those around them.

A professional nurse is someone who comes to work with a purpose in mind. A mission to make people around them feel better by the time they go home compared to the time they first met. A professional nurse is someone who forgets when or if they clocked in because they are

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working so hard for those around them. They are someone who bends, twists and contorts in order to cater to others and different situations. A professional nurse is someone who has never met a stranger and someone who can see a face and make a connection. A professional nurse is someone who cares about others more than they care for themselves most days. According to Linda Ackerman of International Journal of Caring Sciences, "Caring is central to the nursing profession; it is through the act of caring and engaging in authentic caring, humanistic encounters that nurses find their professional identity."

They are someone who comes to work with a get ready attitude and has determination to create a space where people can heal. They are people who forfeit their own lunch or sleep in order to make sure clients get the care they deserve. Professional nurses go the extra mile each time in order to guarantee that their patients are healthy and can take on their next challenge. A professional nurse makes sacrifices for people they don't know because they want to make sure everyone is taken care of as if they were their own family. Professional nurses make everyone feel as if they are a part of a big family and are never alone even in the darkest of places. They are the ones always holding a flashlight and leading the way for others. They put others first.

As a future nurse I believe that you should be someone who will care for all with no questions asked simply to know you are helping and making someone feel better even if just for a second. As a nurse I believe that you should run towards the cry for help because you are the one brave enough to drop your life and pick up the agony of another just to see the one you are helping rest their shoulders for a minute. You should be a team with all fellow nurses and together you should be able to handle hard situations all day while others around you couldn't last for an hour in your shoes. You survive in environments that most dread to step foot in and then take pleasure in coming back the next day. According to Renee Pevour of the New Jersey

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Nurse, “We integrate compassion in our work every day as we strive to make people healthier.” You do this all to help someone you may barely know live a better day tomorrow. This in turn will also make you better and improve your professional life.

Knowing what it takes to be a professional nurse I believe tends to scare some people away. I learned what it was all about and thought it would be the perfect place for me. I think in the year 2025 I will be a slightly experienced nurse in a small niche in a healthcare facility. I will enjoy the relationships I share with each of my patients and will take all their care personally. I will give each of my patients 100% and will do everything I possibly can to give each of them a better tomorrow.

References

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