Nursing Philosophy

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I have neither given nor receive, nor will I tolerate others' use of unauthorized aid

Nursing Philosophy

A nurse is an individual that holds the responsibility of caring for each patient equally, with love and respect. As a nurse it is important know each patient as a whole, so that their belief systems, religious preferences, and general well-being can be considered in their physical care. Behind ensuring a patient is stable, respect is the greatest aspect of nursing. A nurse that can both show and earn respect in the medical field will succeed. Respect not only increases patient well-being, but also decreases deadly and preventable errors (Clark, 2019).

As a nurse, I will be intentional in my actions, and present in my conversations with patients. I hope that these simple actions will allow me to view my patients as human beings, rather than cases that must be solved. I will also show empathy with each patient as empathy is has been shown to improve patient care. Bas-Sarmiento, Et. Al. state "Empathy is a competency to be learned by nurses and a therapeutic tool in the helping relationship that has repercussions on the health of both patients and professionals". Nurses are blessed in time spent with patients and have the responsibility to advocate for their patients. A trusting, respectful relationship will allow patients to share all concerns with nurses, so that their concerns may be addressed, and questions can be answered. Respect, understanding, and open communications will close the gap between patients and nurses and can create an environment with fewer errors caused by confusion. I want to be a nurse so that I may bring light to patients during their darkest time. I will advocate for each and everyone of my patients so that they may feel comfortable with their diagnoses and know that they may return to me if they are unsure about future medical problems.

By the year 2025, I will have my Doctorate of Nursing Practice (DNP) and will be working in a fast-paced, adrenaline filled environment. The five years of experience that I will gain will teach me to slow down and empathize with my patient. I will improve on my listening

skills and treat each patient with the love and respect that I would expect to receive in a medical

emergency. I would like to be known as a provider that goes out of her way to provide the

greatest care for her patients and ensures that they have the answers they need to follow through

with their primary health care provider. I want my patients to feel loved, respected, and heard

after I visit with them.

Often, as a community, we view healthcare as a fix for our physical ailments. However,

common courtesies can separate great medical providers from averages ones. Time spent

listening to and understanding patients will allow nurses and providers to better treat the

individual. I hope to see a future for healthcare where all nurses are known for love and support

through the hardships that patients face while in a medical crisis. A great nurse is someone that

provides an open, caring heart and a listening ear along with an intelligent, clinical mind.

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