Nursing Philosophy: What is a Professional Nurse?

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I have neither given, nor receive, nor will I tolerate others' use of unauthorized aid.

Nursing Philosophy: What is a Professional Nurse?

At the central point of nursing is caring. Caring for patients in a way that you can engage yourself personally into their health needs is what many nurses will say is where they find satisfaction in their work (Ackerman, 572). With this being said, I would say that my main interest in nursing came from my desire to care for others. I have always found myself as someone who is concerned about others' well-being and desires to help others achieve their health goals. A professional nurse is someone who uses their educational background and desires to care for others, to provide the best possible care they can and to help their clients to achieve their health goals through proper nursing diagnoses and treatment.

As I mentioned, my decision to becoming a nursing student was mainly based on the fact that I love providing care for others. I would consider myself a very open-minded person who is willing to listen to others' concerns and do my best to provide care that is tailored specifically to them and helps them reach the goals they have in mind. An important part of nursing is being accepting of others and how they might view a situation. It is important to keep an open-mind when treating your patients and to always accept what they say as the truth. Although you might not agree with the way they are handling a situation you still must provide proper treatment to them and make them feel like they can trust you with their health issues.

Another important pillar of nursing is ethics. It is important as a nurse to have strong ethics and morals that you stick to when working in your profession. In the article, "Setting Nursing's Moral Compass", Johnstone discusses how the rising of academic dishonesty and unethical behaviors is a breach of the professional conduct standards that exist for nursing. One

must remain true to their "moral compass" in order to follow the nursing guidelines and stay true to their profession. I understand that throughout my future career I will be challenged over and over again. No matter the situation, I must decide to follow my moral compass and provide care to my patients in a morally sound and ethical manner.

By the year 2025, I hope to have had experiences in many different departments of the healthcare system, practicing as a professional nurse. Currently, I am not sure what type of healthcare setting I want to work in, so following nursing school, I hope to get experience in many different settings to find my best fit in the medical field. Once I have practiced as a professional nurse for a little while, I hope to go back to school to become a nurse practitioner. I have always enjoyed education and furthering my education more is something very important to me and something that I value for my future.

As I begin my career as a professional nurse I must remember what it means to be a nurse. At all times, I must provide care that is ethically based and follows a medical path. I know there will be more challenges to face than anything I could ever imagine, but I hope to face those challenges head-on and always provide the best care possible for my patients.

Resources

Ackerman, L. (2019). Caring Science Education: Measuring Nurses' Caring Behaviors. *International Journal of Caring Sciences*, *12*(1), 572–583. Retrieved from http://ezproxy.lakeviewcol.edu:2059/login.aspx?direct=true&db=ccm&AN=136698227&site=ehost-live

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