

**Typical clients who use this service:**

Age: (average and range)

Gender: Male/Female

Cultures: Caucasian/ African American

Socioeconomic status: Lower socio-economic group mostly

Education level: Grade school

Reading ability: Unknown

Communication ability: Average

Reasons for using this agency/service? Doing clinical rotations

What could a nurse do to improve the milieu today on this unit? (Use extra pages if necessary)

The milieu on this floor could be improved today by keeping the same staff as much as possible on the same floor. The environment could be more cheerful. There could be a lot more physical activity. Also, adding different recreational rooms to keep the children as physically active as possible.

What needs are being focused on by the staff? (Physical, vocational, social, spiritual, emotional, etc.)

The staff was focused on keeping the children safe and calm. They provided activities to keep them occupied and provided a time for them to reflect as well. The staff used a reward system of little rings that each child received after behaving well and answering some questions correctly. This approach was very motivating to the children, since they would later be able to use the "rings" to buy different things.

# N 310: MILIEU PROJECT

## Clinical Area Assessment Tool for Milieu Project

Agency: **Pavillion** Unit: **Youth**

Date of Assessment: **6/19/19** Student: **Andrea Cook, Tanyia Varghese, Bibiana Schell**

Milieu Assessment: **The clients listened to music while they colored. They were in the room for hours until they moved to an even smaller place. The emotions and the environment were rather cold and unwelcoming. The walls were bland. The staff switched four times in three hours. Improving the milieu environment could be done by incorporating a more cheerful yellow on the walls with art from the children. They could have had the children go outside and play and have a separate time for additional time with physical education. Also, having more areas for the children to go. It would have been more beneficial if they kept the same staff and continue to keep the same team daily with them so the kids can feel more comfortable.**

Physical Layout: **The room that the kids stayed in was very small, there were two tables and a table for the tech. The tables were round and there were multiple chair around. There was an adjunct bathroom.**

Lighting, color, décor: **There was limited natural lighting in the room, since the two big windows had closed blinds. The walls were white inside the group room and the furniture was white or grey and minimalistic. There was enough artificial light to make the room very bright.**

Pace, activity level: **The children were calm at first but started fidgeting and acting out as the day went on.**

Emotional atmosphere: **Not welcoming, very formal**

Factors that are contributing to the emotional atmosphere: **The walls were very bland and the staff kept being switched out. The staff seemed preoccupied and not spending any one on one with the children.**

## Reference

Wagner, K, D. (2015). Mental Health Benefits of Exercise in Children. *Child Adolescent Psychiatry*, 32.

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<https://www.psychiatrictimes.com/child-adolescent-psychiatry/mental-health-benefits-exercise-children>