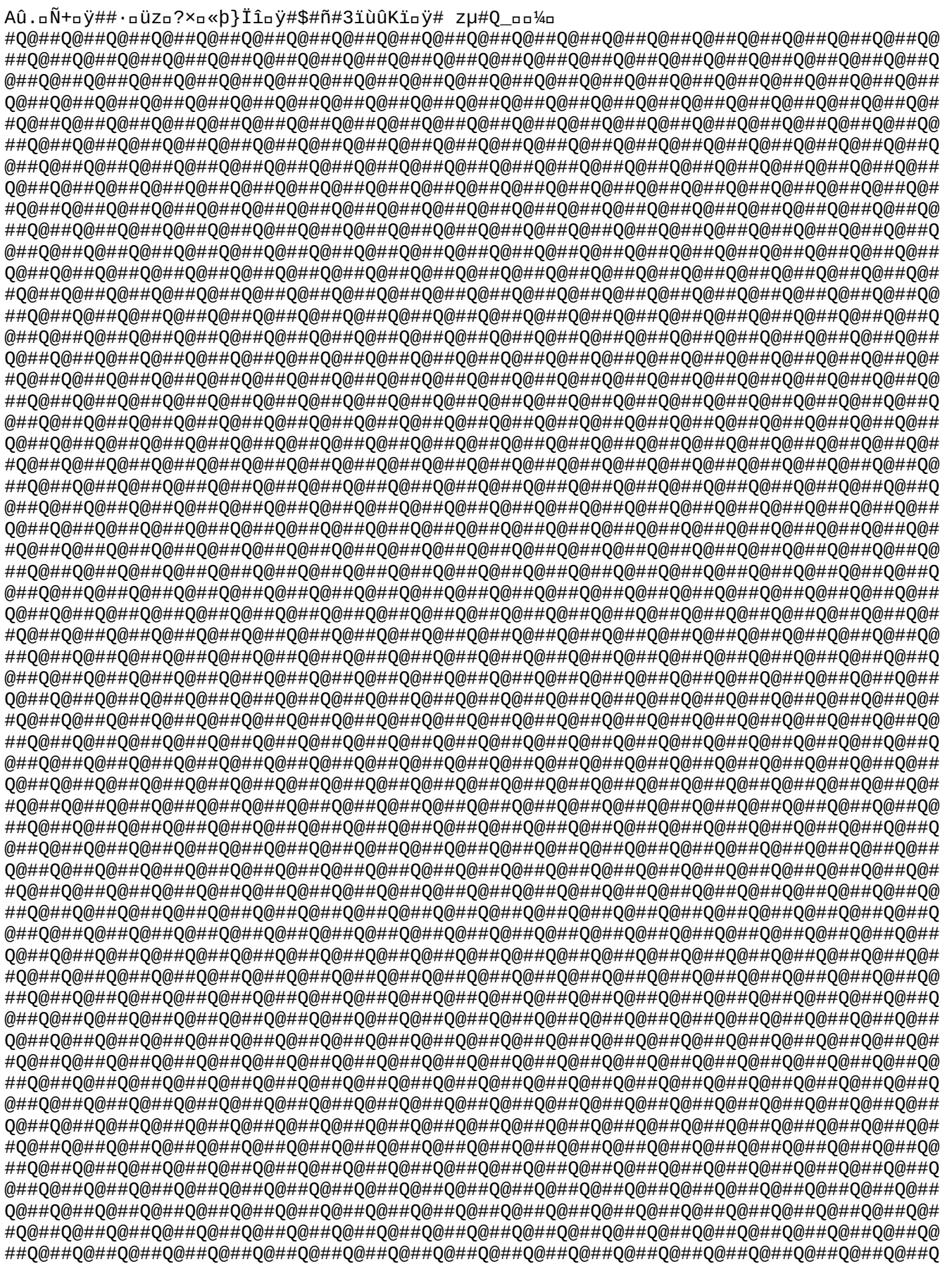

```
###ð######Ã#####ÿÿÿÿ##ø¿##############ðO#####□###########¨#####Combination of
interview history and physical examinationComplete assessments: new patients or new
admissionsFocused assessments: targets specific body systemsOrchestrated,
consistent examinationThis will take practicePerformed in head-to-toe sequence
comparing side to side##ª#
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###ð######Ã#####ÿÿÿÿ##ø¿##############ðe#####▫###########¨#ý###Mental statusAssess
throughout examinationLevel of consciousnessFacial expressionsSpeech, language,
articulation, speed, toneThought processes and perceptionMood and affectGrooming
and hygienePosture, gait, and body movements (assistive devices)##¡#*##########
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###ð######Ã#####ÿÿÿÿ##ø¿##############ð▫#####▫###########¨#-###EarsInspect auricle,
lobe, and tragus for position, shape, ulcers, lesions, and dischargePalpate pinna
and tragus for tenderness or lumpsPalpate mastoid firmly for tendernessOtoscopic
examination: Inspect inner canal, tympanic membrane, and cone of lightHearing
acuity: whisper test, Weber,
Rinne##¡#&#############)################)##########ª#
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###ð######Ã#####ÿÿÿ##ø¿################ðu#####▫###########¨####MouthInspect lips,
oral mucosa, gums, roof of mouth, and floor of mouth for color, lesions, and
moistureInspect dentition for condition, number, and placementTongue: Inspect for
size, shape, color, moisture, lesions, and textureArticulation of wordsMovement
Taste ##¡#*########## ## ÿ####### ## ÿ###################ª#
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###ð######Ã######ÿÿÿ##ø¿##############ð{#####▫###########¨#####NeckInspect
anteriorly for symmetry, masses, enlarged lymph nodes, and deviationInsect trachea
positionPalpate head, neck, and subclavicular lymph nodesTest sternocleidomastoid
and upper trapezius muscle strengthTest head and neck range of motionInspect and
palpate thyroid##¡#&###########################################ª#
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###ð######Ã#####ÿÿÿÿ##ø¿##############ð°#####▫###########¨#@###Return to front of patient, some portions of anterior thorax, cardiac, and breast exam can be performed sitting or lying down.Anterior thoraxInspect shape, deformities, retractions, asymmetry, and skin integrityPalpate for tenderness, tactile fremitus, and respiratory expansionPercuss sounds Auscultate lung sounds##¡#2###▫#########²#########▫###################²###########ª#

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###ð######Ã#####ÿÿÿÿ##ø¿##############ðr#####▫###########¨#¾###CardiacAuscultate
apical pulse, with patient leaning forwardBreastInspect with arms at side, hands
pressed on hips, and arms raised over head, leaning forwardAxillary nodesPalpate
nodes##¡#v#############6###################]##################################6#
##################]####
```

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###ð######Ã#####ÿÿÿ##ø¿##############ð▫#####▫###########¨#%###Peripheral Vascular
Inspect arms and legs for symmetry, color, edema, hair distribution, and nail bed
colorPalpate radial, brachial (epitrochlear lymph nodes), femoral (inguinal lymph
nodes), popliteal, posterior tibial, and dorsalis pedis pulsesPalpate feet and legs
to detect pitting edema##¡#&##########################################ª#
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###ð######Ã#####ÿÿÿÿ##ø¿##############ð▫#####▫###########¨#4###Musculoskeletal
(lower body)Inspect for deformity, swelling, nodules, redness, and muscle bulk of
hips, knees, ankles, feet, and toesPalpate for tenderness, crepitus, swelling, and
increased warmth of hips, knees, ankles, feet, and toesPalpate strength and range
of motion of hips, knees, ankles, and
toes##¡#&###########################################ª#
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###ð######Ã#####ÿÿÿÿ##ø¿##############ðÈ#####□###########¨#d###Musculoskeletal
(upper body)Inspect for deformity, swelling, nodules, redness, and muscle bulk of
shoulders, elbows, wrists, hands, and fingersPalpate for tenderness, crepitus,
swelling, and increased warmth of shoulders, elbows, wrists, hands, and fingers
Palpate for strength and range of motion of shoulders, forearm, elbow, wrists,
fingers, and thumb##¡#&#############H#################H###########ª#
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###â########éý###########On-screen Show (4:3)########8###Wolters Kluwer Health -
Lippincott Williams &
Wilkins########z######J#######2#######2############################################
####################9#######Arial#####ï¼ï¼³ ï¼°ã□´ã□·ã□□ã□¯#####Verdana#####Times
New Roman#
###Wingdings####LWW TEMPLATE#####1_LWW TEMPLATE#%###Chapter 22   Putting It All
Together#####Health Assessment#####Equipment #####Equipment   (cont.)
#####Equipment (cont.)#####During Examination#
###Question #####Answer#####Sample Sequence#####Sample Sequence Patient
Seated#'###Sample Sequence Patient Seated (cont.)#'###Sample Sequence Patient
Seated (cont.)#'###Sample Sequence Patient Seated (cont.)#'###Sample Sequence
Patient Seated (cont.)#'###Sample Sequence Patient Seated (cont.)#'###Sample
Sequence Patient Seated (cont.)#'###Sample Sequence Patient Seated
(cont.)#'###Sample Sequence Patient Seated (cont.)#'###Sample Sequence Patient
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Sequence Patient Seated (cont.)#'###Sample Sequence Patient Seated
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Seated (cont.)#'###Sample Sequence Patient Seated (cont.)#'###Sample Sequence
Patient Seated (cont.)#'###Sample Sequence Patient Seated (cont.)#'###Sample
Sequence Patient Seated (cont.)#
###Question #####Answer #####Sample Sequence Patient Lying Down#+###Sample Sequence
Patient Lying Down (cont.)#+###Sample Sequence Patient Lying Down
(cont.)#+###Sample Sequence Patient Lying Down (cont.)#+###Sample Sequence Patient
Lying Down (cont.)#+###Sample Sequence Patient Lying Down (cont.)#+###Sample
Sequence Patient Lying Down (cont.)#+###Sample Sequence Patient Lying Down
(cont.)#+###Sample Sequence Patient Lying Down (cont.)#####Sample Sequence Patient
Seated#####Sample Sequence Patient Seated#'###Sample Sequence Patient Seated
(cont.)#'###Sample Sequence Patient Seated (cont.)#!###Sample Sequence Patient
Standing#!###Sample Sequence Patient Standing#####Sample Sequence Visual Acuity#
###Question #####Answer #
```