

Subjective

- Headache and stomach ache for a few days
- Pt stated that he felt nauseas

Nursing Diagnosis/Outcomes

- Impaired gas exchange
Related to altered blood flow occurring with pulmonary capillary constriction.
 1. Assess o₂
 2. Monitor ABG results
- Risk for infection
Related to presence of uremia (pt has CKD)
 1. . assess temp and secretions for indicators of infection
 2. provide oral hygiene and skin care at frequent intervals
- Imbalanced nutrition
Related to nausea, vomiting, anorexia, and dietary restrictions
 1. admin multivitamins as prescribed.
 - 2 refer a dietitian if excessive protein losses and or low serum albumin is noted.
- Activity intolerance
related to generalized weakness and imbalance between oxygen supply and demand.
 1. Assess vs q4
 2. assess for dyspnea
- Deficient knowledge
Related to unfamiliarity with the need for frequent blood pressure checks,
 1. Teach pt importance of taking daily bp
 2. Teach medication actions.

Objective

- Pt has been vomiting
- Pt has had diarrhea
- Pt has a blood pressure of 189/128 when arriving to the ER
- Pt has a hx of HTN
- Pt has not been taking his antihypertensive medication as prescribed

History of Present Illness

patient presented to the ER with HTN(189/128) as well as nausea and vomiting, and diarrhea. Patient stated that “the symptoms have been going on since Saturday 2/23”. Patient has a history of hypertension but has not been taking his medications as prescribed.

Nursing Interventions

- Admin anti hypertension medication as prescribed
- Asses neurological status
- Monitor ECG