

**N301 Medical/Surgical  
TEACHING PLAN INSTRUCTIONS AND EVALUATION  
Summer 2017**

STUDENT NAME: \_\_\_\_\_ Date: \_\_\_\_\_

Use the format page included for preparing the written component of the teaching plan. Students will be evaluated on the written plan (15 points) and on the presentation of the teaching plan (10 points). Total Points possible = 25 points.

SCORE

I. Evaluation of the **written component**

**Assessment of patient/client/class (3 points)**

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- Prior knowledge of subject to be taught
- Determine patient's motivation to learn content
- Health beliefs/values (Taylor pgs 70 & 513)
- Psychosocial adaptations/adjustment to illness
- Compliance with health care protocols
- Assess patient's ability to learn
- Developmental level
- Physical capabilities/health status
- Language skills/literacy
- Level of education

**Nursing Diagnosis Identified (1 point)**

**Planning (3 points)**

\_\_\_\_\_

State objectives and outcomes: Include at least one from each learning domain:  
Cognitive, Affective & Psychomotor

**Interventions (2 points)**

\_\_\_\_\_

List the content to be included in instruction. Be specific and accurate.

- Logical sequence.
- Simple to complex.
- Organized

**Methods/Teaching Tools (2 points)**

\_\_\_\_\_

Instructional methods to be used:  
Examples are: Discussion  
Question & Answer  
Demonstration/Return Demonstration  
Strategies to keep patient's attention  
Methods to include patient in teaching/participation

**Evaluation (3 points)**

\_\_\_\_\_

Determine achievement of learning objectives based on expected outcomes. Identify strengths/weaknesses, Suggest modifications to plan; i.e. what would have made it better

**References Listed in APA format. (1 point)**

**TOTAL CONTENT**

\_\_\_\_\_/15

II. Evaluation of **teaching presentation (10 points)**

\_\_\_\_\_/10

Introduction of content, Patient put at ease, Eye contact,  
Clear speech and organized presentation, Environment conducive to learning,  
Family included, Accuracy of info, Validation of learning status, Use of teaching aids,  
Appropriate non-verbal body language etc.

Date Submitted: \_\_\_\_\_

**Total points**

\_\_\_\_\_/25

**N 301 Nursing the Adult Client  
TEACHING PLAN**

Student Name: Daniel Camp  
blood sugar level

Subject: Diabetes/How to control

Nursing Diagnosis: Teach patient how to take blood sugar level, inject insulin and control blood sugar level

<b>Relevant Assessment Data</b> (see instructions)	<b>Patient Outcomes</b> (see instructions re: 3 domains of learning)	<b>Teaching Outline</b> (be specific and use a logical sequence)	<b>Teaching Tools</b> (see instructions)	<b>Evaluation</b> (see instructions)
<p>78 year old male</p> <p>DNR</p> <p>Allergies: penicillin, metformin</p> <p>Hx: Diabetes, HTN, Dementia</p> <p>“I do not feel good” came in with a blood sugar level of 400</p> <p>Lives at home alone, wife is dead, retired farmer</p> <p>Smokes ½ packs of cigarettes a day</p> <p>High school diploma</p> <p>Glasses, Hearing aids</p> <p>Learns best with reading and demonstration</p>	<p><b>Cognitive</b> -Get patient to understand blood sugar level and why you should keep them in check.</p> <p><b>Affective</b> -Show the patient what a glucose meter is a make sure they are comfortable with the machine and proper levels.</p> <p><b>Psychomotor</b> -Have patient show me how to get blood sugar level with glucose machine and have them administer insulin themselves</p>	<p>I first wanted to show the patient what normal blood glucose levels for someone with diabetes. Their fasting blood sugar should be between 80-130 and two hours after a meal we would like it to be under 180</p> <p>I then wanted to show the patient how to take their own blood sugar level so they understand the proper way to get the level.</p> <p>Since the patient has dementia I would like them to right down the blood sugar level, the time it was taken and the date. This way if they forget they could look at the journal</p> <p>Show the patient what a sliding scale for insulin and how to decide how much insulin to use. Then I would like to show them how to pick a injection site, clean it and inject the insulin</p>	<p>Glucose machine</p> <p>Blood sugar chart</p> <p>Syringe</p> <p>Insulin</p> <p>Journal</p>	<p>Patient at first had a hard time understanding why he should learn this.</p> <p>Asked for his wife a lot</p> <p>After explaining what everything was and showing him he understood a little bit more</p> <p>After having him show me how to do the process I think he understood why he had to do this and how to do it.</p>

<p>Not comfortable with self administration of medicine, his wife use to do it</p> <p>HR= 97</p> <p>BP= 130/72</p> <p>RR= 14</p> <p>Temp= 37</p>				
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**Reference(s):**

Glossary. (n.d.). Retrieved from <https://dtr.ucsf.edu/types-of-diabetes/type2/treatment-of-type-2-diabetes/medications-and-therapies/type-2-insulin-rx/sliding-scale-therapy/>

Spero, D., & Bsn. (n.d.). What Is a Normal Blood Sugar Level? Retrieved from <https://www.diabetesselfmanagement.com/blog/what-is-a-normal-blood-sugar-level/>

