

pt 223

N 301 Nursing the Adult Client
TEACHING PLAN

Student Name: Micayla Clapp
Nursing Diagnosis: fluid overload

Subject: CHF

Relevant Assessment Data (see instructions)	Patient Outcomes (see instructions re: 3 domains of learning)	Teaching Outline (be specific and use a logical sequence)	Teaching Tools (see instructions)	Evaluation (see instructions)
<p>Pt speaks English</p> <p>Pt is motivated to learn about her new condition</p>	<ul style="list-style-type: none">• knows how to do daily weights• understands ↓ sodium diet• understands what CHF is	<ul style="list-style-type: none">• What CHF is• Symptoms of CHF• taking medications atenolol, furosemide, atorvastatin• Daily weights• ↓ salt diet	<p>Sarah bush heart failure packet</p>	<ul style="list-style-type: none">• pt understood what CHF is• knows how to do daily weights and is capable of daily weights• understands ↓ sodium and ↓ fat diet.

Reference(s): Sarah Bush Lincoln. (2018) Heart Failure (Brochure). Mattoon, IL: Author.