

Pre Assignment

- 1.) I want to live as long as possible regardless of the quality of life that I experience, this is more important to me.
- 2.) I feel that I don't have complete autonomy over my decision making, I have to worry about factors outside of my control when making decisions as well as the influence of others in my decision making process.
- 3.) If it's something I'm deeply opposed to then I try and go against the decision of those people or try and get them to concede to my wishes instead, I guess my immediate reaction would be somewhat combative. I wouldn't feel thankful.
- 4.) Important to my life at the moment is to achieve several short and long term goals which include finishing nursing school and start providing for a family. So I suppose that means personal achievement and the ability to support and provide for others are important to me.
- 5.) Currently I still have problems looking too far left and right after my motor accident back in October, also, having to deal with school work has been problematic for my social life.
- 6.) I have decided to take go to continue my education and attend nursing school, this has resulted in financial difficulties as well as stress and anxiety over said financial difficulties.
- 7.) My current risks include not getting enough sleep and I understand that driving and testing while under the influence of poor sleep can negatively affect my performance.
- 8.) I'm not willing to take drugs or skydive.
- 9.) I would say that I take these risks because I simply do these things because I have weighed the risks and rewards, we all make small concessions to our safety in exchange for gaining a better life.
- 10.) These risks frighten me because the I find the likelihood of being hurt or injured by these activities to be very high.

Interview Evaluation-Reflective Activity.

- 1.) I had used silence when they had appeared to start having more thoughts on the question that they had wanted to get out. I made use of open ended questions such as, what kind of risks do you take on an average day. And I repeated what they had already said such as when I said, so you like to minimize your risks.
- 2.) They were very calm and talkative about risks they had taken in their earlier life.
- 3.) Some of the questions are worded oddly which hurt the interviewing process.
- 4.) I would try and rework some questions to feel more natural and make more sense to the person being interviewed.
- 5.) It's good to talk in a calm, slow, and clear manner to avoid miscommunication problems.
- 6.) I'm getting practice talking to patients by being aware and introspecting on my communication skills.