

Nursing Philosophy Paper

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Abstract

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This paper will discuss my own personal beliefs, personal values, and ethics in the profession of nursing. It will also discuss what a professional nurse is how it relates to where I will end up in the year 2025. I will be answering the question, “what is a professional nurse?”, in this paper.

A professional nurse uses science and theories as a basis for professional practice along with art when modifying care approaches (Hood, 2018, p. 4). There are seven essential features of professional nursing, provide, attend, integrate, apply, advance, influence, assure. The first key provide means “a caring relationship” that facilitates health and healing (Hood, 2018, p.4). This key is important because you need to care for your patient and have a trusting relationship with them to give adequate care and promote health and healing. The second key attend means “attend to the range of human experiences and responses to health and illness within the physical and social environments” (Hood, 2018, p.4). This feature is important because you need to give different care to each patient depending on responses they have to different physical and social environments. The third key is to “integrate assessment data with knowledge gained from an appreciation of the patient or the group” (Hood, 2018, p.4). This feature is important because as a nurse you need to integrate assessment findings in order to come up with an individualized plan of care for your patient. The fourth key is to “apply scientific knowledge to the process of diagnosis and treatment by using judgment and critical thinking” (Hood, 2018, p.4). This feature is important because as a nurse you will use critical thinking and the knowledge you have everyday to develop a plan of care. The fifth key is to “advance professional nursing knowledge through scholarly inquiry” (Hood, 2018, p.4). This feature is important because the medical world is changing all the time and as nurses we need to keep up with that change and have a

continuing education all throughout our career to be the best professional nurse you can. The sixth key is to “influence social and public policy to promote social justice” (Hood, 2018, p.4). This feature is important because as nurses you need to be a patient advocate at all times to give the best care possible. We also need to follow the rules given and promote justice in the nursing career. The seventh and final key in professional nursing is “assure safe, quality, and evidence-based practice” (Hood, 2018, p.4). This final feature is important because as a nurse we always need to be giving safe care and the best quality of care possible. Evidence based practice is a key part of nursing teaching us in the clinical field and gaining experience. All of these features help in becoming a professional nurse. They are all important in giving the best care possible to your patients.

My personal nursing philosophy is developing still as I am continuing through school at Lakeview. I want to be a nurse because caring for people is something I am passionate about. I believe that every patient deserves the best care possible. Caring and compassion is a value that I believe in. Caring and compassion are important in nursing in developing a trusting relationship with your patient and understanding what kind of care they need. It is important to understand human beings and what kind of care they need. It also important to me to understand how environment affects patients and the care you give. Health is important to me because in order to help my patient I need to know what kind of care they need to keep them healthy. Nursing is important to me because we play such a huge role in our patients stay at the hospital, we are someone the patient can have trust in to care for them. Compassion, care, and nursing are values that are important to me in becoming a nurse.

In 2025 i’m hoping to be a nurse practitioner. I believe that continuing my nursing career is important. I want to learn as much as I can to give the best care possible to my patients. I will

use my values of compassion and care in doing this. I want to start out as a registered nurse to gain evidence based practice in the clinical setting. Then I want to become a traveling nurse for a couple of years to experience different cultures. I think being a traveling nurse will help me become a competent nurse in other cultures and gain valuable clinical experience. Once I have gained all of this experience I want to continue my education to becoming a nurse practitioner. Nursing is not only a job to me, it is something that I am passionate about. I am excited to see where I will end up but I know I will make a great nurse in 2025.

Conclusion

Being a professional nurse is important in giving the best care possible. Professional nurses help many people and save lives. In order to be a professional nurse you need to understand your own philosophy and what nursing means to you. I discussed my own philosophy in this paper and what being a professional nurse is to me. I also talked about where I want to be in the future in my nursing career.

References

Hood, L. (2018). Professional Nursing. *Professional Nursing*, Ninth edition.