

Nursing Philosophy

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December 11th, 2018

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Introduction

Everyone looks at nurses in a different way. People know that they are hardworking, caring people, but that is not all. If someone is not actually a nurse themselves, they have no idea what a nurse goes through. Nurses have to endure many hardships throughout their career and they always manage to pull themselves together and be the best that they can be. Students go into nursing for all different sorts of reasons, whether it is because of an extraordinary experience they had with a nurse, or they just like to help people, every reason is important and leads them exactly where they are meant to be.

Professional Nurse

It takes hard work and dedication to be a professional nurse. Before going into the healthcare setting, a student nurse has to learn everything that it takes to be a professional nurse to make sure that he or she is doing their job to the best of their abilities. Professional nurses use science and theories to as a basis for professional practice along with art when modifying care approaches. According to the Professional Nurse Contributions Model, nurses need to be committed, be competent, have confidence, and be caring and compassionate (Hood, 2003). If a nurse does not have all of these characteristics, they should take a step back and try to work on it because these characteristics are what make a nurse, a nurse. A professional nurse also needs to have cognitive and clinical skills. A nurse needs to know how to talk to patients appropriately and be able to react in emergency situations. Another key to being a professional nurse is to know how to critically think. Critical thinking is applied by nurses in the process of solving problems of patients and decision-making process with creativity to enhance the effect. It is an essential process for a safe, efficient and skillful nursing intervention (Papathanasiou, Kleisiaris,

Fradelos, Kakou, and Kourkouta, 2014). Solving problems of patients is one major role that nurses have, so being able to critically think is very important.

Personal Philosophy of Nursing

I am not one of those people who wanted to be a nurse their entire life. When I went to college, I had no idea what I wanted to be when I grew up. The more I looked into nursing though, the more I was interested. I always had a passion for helping people and making them feel better. I believe that nursing is a rewarding job. Knowing that I am going to be making patients and their families feel better, drives me to do my best. The four components of the nursing metaparadigm are person, environment, health, and nursing. Person is the person who is receiving care, which would be the patient. Even though the patient is the some receiving medical care, person also includes their family and friends. If a patient is very sick, family and friends may need some comforting and that is also a job of a nurse. Environment refers to the place the patient is in. It is the nurse's job to make sure that the patient is comfortable in their room. Health refers to the current physical and mental state of the patient. It is important to make sure that the patient knows the degree of their health problems and you help them deal with it accordingly. The last is nursing. Nursing refers to the nurse's actions and the actual hands on care that is performed. Nurses need to apply all of their knowledge and take care of the patient with the best of their abilities. I believe that being a nurse is a hard job to do. Everyday a nurse comes into work with a new patient that has a new sickness. Only certain types of people are able to go through that. I believe that being a nurse means being compassionate and caring and putting people's needs at the top of the list. Being a nurse means not be selfish, the patient is the top priority in every situation. Being a nurse means being a friend. If a loved one of the patients

is having a hard time, the nurse is the one who is there to calm them down and make them feel comfortable.

The Year 2025

In the year 2025, I will be graduated from Lakeview College of Nursing for 5 years. At this point in my schooling, I am not too sure what department I want to go into quite yet. I was thinking about the ER because I love fast paced working and getting my adrenaline going, but until I experience working as a nurse, I do not think I will know. My goal is to be working at UIC hospital in Chicago. My cousin works there in the ER department as a nurse and he loves it. By the time of 2025 my goal is to be in a master's program or already be done with a master's program to be a nurse practitioner.

Summary

Out of all the different roles nurses have, one is not more important than another. Nurses are continued learners who learn throughout their career. They make impacts in their patient's lives and help them through the tough times. It is an emotionally draining job that requires a lot of dedication. The professionalism of nursing starts in nursing school and carries on to the healthcare setting. Deciding to be a nurse is not a light decision to make and needs to be thought about for a long time, but once decided the person knows they made the best decision of their life.

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