

My Passions of Nursing

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Abstract

This paper will define professional nursing and discuss what qualities a good nurse should have. It also briefly describes why I want to be a nurse, my own personal goals in my nursing career, and where I see myself in the year 2025. This paper will explain the four components of the nursing metaparadigm: person, environment, health, and nursing.

Keywords: professional nursing, nursing, quality care, nursing metaparadigm, philosophy, values, beliefs

My Passions of Nursing

Nursing is one of the most unique and adaptable careers in our world today. It requires the nurse to give care in different situations and environments. Professional nursing is not only being educated enough to provide the most effective care, but also using critical thinking to provide holistic care. Being a professional nurse also means taking accountability for your actions. If you have made a mistake, you need to first check on your patient to make sure they are stable, then report your mistake immediately. A professional nurse is also someone who keeps their personal life separate from his/her work life. Nursing not only requires the nurse to be able to treat a patient, but he/she must have other qualities like social skills. "Passionate nurses demonstrate authentic caring, making clients and their significant others feel safe and important. Nurses and clients deeply connect with each other, and the fond memories of the nursing situation lasts a lifetime" (Hood, 2018, p. 552). Having all these qualities and being adaptable in not knowing what patient the nurse must treat, or what the patient might come in with requires them to be diverse. One of the biggest qualities that every nurse must possess is their love and concern for others, which is not something you can learn from the books.

Nursing is something that I have always wanted to do because I have many of the values and beliefs that I believe are essential to be a nurse. Some of these values and beliefs include always taking care of those in need and that everyone should be able to receive quality care. When a patient enters a hospital, it is generally not for a good reason. I feel that it is my priority to give that patient the most quality care that they can receive and to leave the hospital better than when they came in. The patients are at a vulnerable state, they trust you with their life to make the right decisions, so getting what the patient needs and even more is essential to quality care. I believe that there is not much in this world to complain about, that if you wake up in the

morning you should be thankful for a new day if nothing else. If you have your health, you have everything. There are a tremendous number of things that can disrupt your overall wellness. That is why it is important to me to provide the best, individualistic care possible for my patients.

The nursing metaparadigm is used in nursing because it's four components are used as a guidelines for the nurse. The first guideline is the person or the recipients of care. They are essential to the nurse because without patients, or people seeking healthcare, there would be no need for nurses. Therefore, it is important to remember that your patient has rights that you must respect and accommodate for. The second component of the nursing metaparadigm is the environment, this is not only the physical environment about how the patient expresses his/her pain, but as well as the social environment making sure the patient feels comfortable expressing themselves. The third component of the nursing metaparadigm is the health aspect. As stated earlier, there are many complications that go wrong with the human body every second of every day. The last component of the nursing metaparadigm is nursing, this includes the roles, functions, and goals of the nurse. This is where the purpose of the nurse comes into play and what they are designed to do to make sure that they are doing their job correctly.

With the nursing shortage in our country today, getting these jobs filled is important to every patient in the world today, so every nurse is not overloaded or overworked with patients. In hospitals where there are heavier workloads on nurses, patients are more likely to die from common surgical procedures (Gillen 2014). Nursing is one of the most important jobs in our world today, so it is essential that this is a job that is professional. The steps into becoming not only a nurse, but a professional nurse is essential. It is important for nursing students to learn the identity of the professional nurse and always remember it. Many times experienced nurses forget the identity of the professional nurse and that is why professionalism among recently graduated

nursing students is more prevalent than experienced nurses (Ghadirian, Salsali,& Cheraghi 2015).

Looking into the future, my dream job is working in pediatrics or labor and delivery. I believe that is the most vulnerable time in a women's life and I would love to help someone through it. When I am a nurse in the year 2025, I do not want to lose my sense of professionalism. Nursing is a career that is essential to be professional because people's lives are in your hands every day. My beliefs, values, and ethics that everyone should get the best treatment possible and be able to care for every patient is something that has and will always be present with me. A professional nurse is not only something I strive toward, but something I strive to excel at.

References

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