

Micayla's Nursing Philosophy

Micayla Clapp

Lakeview College of Nursing

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Introduction to Micayla's Nursing Philosophy Paper

Have you ever thought about what a professional nurse is? What type of person would you want your nurse to be if you were in the hospital? In this paper we will discuss what a professional nurse is, where I see myself in 2025, and my personal thoughts on what a professional nurse is.

Professional nursing

What is a professional nurse? According to Arkansas State University a professional nurse is a communicator, holistic caregiver, instructor, specialist, and researcher (2017). As a member of a healthcare team nurses need to be able to communicate effectively with other staff and with their patient to deliver the best care possible. Our world is always changing and so is our patient's values, culture, and beliefs and these things effect the patients care. As nurses we need to be holistic in our care and think about every aspect of our patients so that we can deliver the best care possible. To be an instructor is a very important role for a nurse, we teach patients all the time about new equipment, medications, and much more. Technology is always changing and has become very useful for medicine. A patient with diabetes is able to check their glucose levels through their phone now. This can also lead into a researcher if nurses are not staying on top of the new medical devices and practices the patients are the ones that suffer. We as a community of nurses need to make the patient the number one priority. Picking a specialty can be a great part of nursing some nurses don't like being around patients that much they rather do research in a lab and we need those nurses just as much as we need a nurse that wants to be a floor nurse at the hospital. Being specialized in a certain area helps us as nurses help our patients more in-depth for certain illnesses.

Personal Philosophy of Nursing

Personally I agree with Arkansas State University, I would add that I also think a professional nurse needs to be sympathetic and compassionate. No one wants a nurse with bad bedside etiquette. Nurses should be instructors, researchers, communicators, compassionate, and love their job. If you ever come across a nurse that is doing the job for money and not because they love the job you will be able to tell a huge difference. Nursing is not an easy job, it is hard and takes a lot of patience at times. Patients can be difficult and overwhelming and as a nurse we need to be able to stay calm and put the patient first. I like what the ANA has to say about nursing "21st Century nursing is the glue that holds a patient's health care journey together. Across the entire patient experience, and wherever there is someone in need of care, nurses work tirelessly to identify and protect the needs of the individual ("What is Nursing & What do nurses do? | ANA Enterprise")."

2025

Where will I be in 2025? In 2025 I plan to be done with my master's degree in nursing. I have not decided at this time if I will go for family nurse practitioner or if I will go for midwifery. I also would love to be living in Tennessee and working as a nurse. Maybe my husband and I will have another child by 2025. It is hard to plan this far ahead while still working on my bachelor's degree.

Closing

This paper talked about what a professional nurse is, my personal beliefs about a professional nurse, and where I plan to be in 2025. To review a professional nurse is a communicator, instructor, researcher, and specialist according to Arkansas State University. I agreed with Arkansas State University except I would add compassion/ sympathy to the qualities

of a professional nurse. As for 2025 I want to be done with my masters and working on growing my family.

References

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