

Continuous Glucose Monitoring

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The article entitled, “Continuous Glucose Monitoring” found on the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), website is a good educational tool for those wanting to learn about continuous glucose monitoring (CGM). Due to the use of pictures and bolded headings makes it easy for readers to understand and suitable for most reading levels. The visual appeal of the article is good due to the demonstrative use of pictures and colors that draw the reader in. The NIDDK is a credible source of information because they are constantly reviewing and updating as new techniques come about. The NIDDK offers many articles in many languages to accommodate for all diversities. This particular article is also available in Spanish. The article is five pages long but includes pictures on a larger scale. This is helpful for patients that are visual learners. Another beneficial factor of this article is the use of small paragraphs with need to know information. This eliminates some of the non-important facts that are usually found in other medical articles.

The six factors that make a good article include the readability, visual appeal, accuracy of information, different languages available, and ability to engage the reader. It is a good source of information for the patient wanting to learn more about a CGM.

References

Continuous Glucose Monitoring | NIDDK. (2018). Retrieved from <https://www.niddk.nih.gov/health-information/diabetes/overview/managing-diabetes/continuous-glucose-monitoring>