

Health Precautions & PPE Requirements

Daily Self-Check:

At the start of each day, check the following with yourself the questions below.

- Do you have a fever?
- Do you have a cough, shortness of breath, or difficulty breathing?
- Do you have chills, or shaking with chills?
- Do you have muscle pain, headache, or sore throat?
- Do you have a new loss of taste or smell?

If you answer “yes” to any of these questions, notify your field leader and stay home.

Make sure you restock and clean your supplies daily:

- Clean your mobile device and any other technology you will be using throughout the day in preparation for your service visits.
- Your vehicle must be well stocked with the following items:
 - o **Face Covering**
 - Cloth mask that meets the CDC guidelines is acceptable
 - o **Gloves**
 - Disposable gloves
 - Heavy-duty work gloves that are cleaned regularly between stops and at the end of each day
 - o **Shoe Covering**
 - Put on shoe covers before entering the customer’s home
 - o **Social Distancing**
 - Set up a barrier for your working area using cones, painter’s tape, or a blanket to designate an area at least 6 ft. around the area you will be working
 - Maintain communication with the customer
 - o **Cleaning Solutions**
 - Examples include: Disinfecting Wipes, Sanitizer, Trash bags, Disinfecting Spray, Facial Wipes
 - Disinfect your vehicle and tools at the start of the workday, between stops, and end of each workday
 - Use disinfecting wipes to clean the work area and the old haul away unit before placing in your vehicle
 - Use trash bags for all disposable items
 - Use facial wipes for servicer personal hygiene

If we are having trouble procuring any PPE equipment (sanitizer, spray, gloves, etc.), please speak with your Market Manager and they will assist you in the ordering process.