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Ms. Toney

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### The Sky Is the Limit

Achievement to me means accomplishment. To achieve something means that you have obtained something or achieved something. Achievement can be both good and bad. Today I am focusing on positive achievements rather than those that may have seemed negative. A goal is something you want to achieve; therefore, our goals are achievements. I have three personal goals that I would love to achieve within the next four years. One of my goals is to finish school. It means a lot to me to be able to receive my degree in social work. Another goal of mine is to start an emergency savings account. With so much going on this year, I have realized that it is important to start an emergency savings account so that I will have money set aside and dedicated to emergencies. I also have a goal to lose at least seven pounds by the end of the year. My health is important to me, and I want to live a healthy and prosperous life. I know that it starts with me. It is important to set personal goals because it gives a reason to want to get up each day. Our goals also help us to remain focused and not get distracted by things that will not help us achieve our goals. These goals will be a positive achievement in my life. I will positively benefit from achieving each of these goals. Not only will these goals help me positively, but they will also have a positive effect on the people around me.

To help me achieve my long-term goals that were stated, I have short term goals that will help me achieve those goals. One of my short-term goals is to finish the rest of this semester and pass my classes. I am proud of myself because I have not allowed myself to get off course with school. I have put

forth my best effort to attend class regularly and turn in all assignments on time. Another short-term goal of mine is to find the best savings account that offers the best interest rate on savings accounts. This will allow me to start the emergency savings account that I want to open. Lastly, my third short term goal is to begin working out at least twice a week. This will help me lose the seven pounds that I want to shed by the end of the year. Short term goals are like mini milestones that will help you achieve your long-term goals. By setting short term goals it gives you accountability and reassurance that you are on the right track to achieving your long-term goals. Once I have achieved my short-term goals, I will know that I am making great progress towards my long-term goals. Everyone should have some sort of short-term and/or long-term goals. This keeps you focused on your life and what you want to happen. Everyone will have different goals. I will achieve my goals by keeping God first. I also have accountability partners who will make sure I am staying on task and not getting distracted. My long-term goals will have a positive effect on society because I will have a degree in social work and will be able to help people in numerous ways. I will also learn to be more responsible with an emergency savings account and will have to rely less on family and friends. Lastly, I will be around a lot longer to see my son grow if I maintain a healthy lifestyle both physically and mentally.

My goal for 2022 was to continue with school. I was able to achieve this goal because since setting this goal I have become a Junior at Huntsville Bible College. I have not made any goals for 2023. I plan to continue working at my long-term goal of finishing school and to continue saving for my emergency savings account. I will achieve my goals by continuing to stay focused and not allow myself to become distracted. I will continue to keep God first in all that I do. I will also make sure that my accountability partners will continue to hold me accountable so that I will not notice what I am working towards. My goals will not only benefit me, but they will benefit others also. I will make a difference by achieving my degree in social work, becoming the first in my family to graduate college. I will make a difference as a social worker by being able to help others who need assistance. I know my son will

benefit greatly from me choosing to be a healthier me. As a single parent, it is important that he has a parent who never gives up and someone who he can someday celebrate all of his accomplishments with.