

OR101 - Orientation  
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 October 04, 2022

## Learning Styles

1. View the video on Learning Styles:  
<https://www.youtube.com/watch?v=0onG1OUTUWk>

### Tips For Learning Styles

 <p><b>Visual</b> <i>Learn through seeing</i></p> <ul style="list-style-type: none"> <li>• Use Highlighters</li> <li>• Record lectures</li> <li>• Take notes (color Code)</li> <li>• Use graphics</li> <li>• Ask for written directions</li> <li>• Visualize information to be learned</li> </ul>	 <p><b>Auditory</b> <i>Learn through listening</i></p> <ul style="list-style-type: none"> <li>• Study Groups</li> <li>• Recite information out loud</li> <li>• Talk it out</li> <li>• Recite material</li> <li>• Use tunes or rhymes</li> <li>• Use storytelling</li> </ul>	 <p><b>Kinesthetic</b> <i>Learn through moving, doing &amp; touching</i></p> <ul style="list-style-type: none"> <li>• Listen to music</li> <li>• Take breaks</li> <li>• Grip toy</li> <li>• Skim and the re-read</li> <li>• Walk &amp; Memorize</li> <li>• Make models</li> <li>• Annotate and write Questions</li> </ul>
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### Learning Strategies for Instructors

 <p><b>Visual</b> <i>Learn through seeing</i></p> <ul style="list-style-type: none"> <li>• Add visual cues</li> <li>• Use colored dry erase markers</li> <li>• When assigning work use visual clues with auditory directions</li> </ul>	 <p><b>Auditory</b> <i>Learn through listening</i></p> <ul style="list-style-type: none"> <li>• Incorporate group discussions</li> <li>• Oral instructions</li> <li>• Videos that complement text/content</li> <li>• Small blocks of silent reading</li> </ul>	 <p><b>Kinesthetic</b> <i>Learn through moving, doing &amp; touching</i></p> <ul style="list-style-type: none"> <li>• Vary instruction methods</li> <li>• Hands on opportunities</li> <li>• Small discussion groups</li> <li>• Short breaks</li> <li>• Field trips</li> </ul>
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### Learning Styles Overview

 <p><b>Visual</b> <i>Learn through seeing</i></p> <ul style="list-style-type: none"> <li>• See the teacher</li> <li>• Sit in front of classroom</li> <li>• Think in pictures</li> <li>• Learn best from visual displays</li> </ul>	 <p><b>Auditory</b> <i>Learn through listening</i></p> <ul style="list-style-type: none"> <li>• Verbal lessons</li> <li>• Discussions</li> <li>• Listening to others</li> <li>• Interprets meaning by listening</li> <li>• May read aloud</li> </ul>	 <p><b>Kinesthetic</b> <i>Learn through moving, doing &amp; touching</i></p> <ul style="list-style-type: none"> <li>• Hands on approach</li> <li>• Hard time sitting still</li> <li>• Rather demonstrate than explain</li> <li>• Prefers group work</li> </ul>
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2. Take the Learning Styles Inventory and upload your results page in the assignment link. Based on your results, do you agree or disagree?

I agree that I am an auditory learner!