Covid-19 All Team Meeting 9/21/21

154 Apartment:

- We currently have two beds in there and as long as they of the same sex we can have two positive covid residents in there at a time. We may come to a point where residents need to quarantine in their bedrooms even if they have a roommate due to our capacity and lack of space. We will let you know if this happens.

Exposures: Resident:

- **Close prolonged contact** is defined as presence within 6 feet of a person with COVID-19 for a cumulative total of 15 or more minutes during a 24-hour period.

Staff:

- **High-risk exposure** is experienced by staff members who have had close prolonged contact to a social or household contact with COVID-19 or have had an occupational interaction (e.g., infectious patient, coworker) while not using all appropriate personal protective equipment (PPE) according to CDC risk assessment. Information about exposure risk assessment is provided by MDH.

Resident Quarantine: All residents at Hope are vaccinated

- **Manage Residents who had Close Contact with Someone with SARS-CoV-2 Infection**
  - ***Unvaccinated residents*** who have had close contact with someone with SARS-CoV-2 infection should be placed in quarantine for 14 days after their exposure, even if viral testing is negative. HCP caring for them should use full PPE (gowns, gloves, eye protection, and N95 or higher-level respirator).
  - ***Fully vaccinated residents*** who have had close contact with someone with SARS-CoV-2 infection should wear source control and be tested as described in the testing section. Fully vaccinated residents and residents with SARS-CoV-2 infection in the last 90 days do not need to be quarantined, restricted to their room, or cared for by HCP using the full PPE recommended for the care of a resident with SARS-CoV-2 infection unless they develop symptoms of COVID-19 or are diagnosed with SARS-CoV-2 infection.

Testing:

- All staff and residents with any signs and symptoms of Covid-19, no matter how mild, should be tested as soon as possible.
- We will test residents at Hope if they have any signs or symptoms of Covid-19.
- Regardless of vaccination status, asymptomatic staff with a high-risk exposure with someone with Covid-19 should test immediately (but not earlier than 2 days after the exposure). If the test is negative, it is recommended to test again 5-7 days after exposure.
- Regardless of vaccination status, asymptomatic residents who had close prolonged contact with someone with Covid-19 should test immediately (but not earlier than 2 days after the exposure). If the test is negative, it is recommended to test again 5-7 days after exposure. If there are no additional cases, further testing is not required. If additional cases are detected, testing will continue every 3-7 days (if antigen testing is used, testing is recommended every 3 days) until all tests are negative.

Vaccine:

- We have the ability to administer the vaccine to current staff that desire to get vaccinated. This is strongly encouraged. There is information in the HUB on the vaccine. Please talk with Ashley if you have questions.
- More information is coming on the booster for current vaccinated residents and staff.

All staff:

- Please get a clean mask at every shift (N95 and/or surgical) and throw masks at the end of each shift.
- Eye protection and masks need to be worn at all times per the PPE grid. We cannot afford to have staff with any breaches in PPE, not wearing any their PPE correctly and/or high-risk exposures.
- If a resident is showing any signs and symptoms of illness and/or has a change in condition, report to nursing immediately.
- Ensure we are only eating in designated dining/breakrooms, maintaining social distancing, and utilizing our PPE and Proper Hand Hygiene. If eating in an office, one staff person is to be in there at a time.

- The activity room can be used for breaks.
- Wash hands often or use the foaming hand sanitizer between all resident contact and throughout the shift. Handwashing, handwashing, handwashing!
- PPE must not be worn in common areas and hallways. PPE must be removed when tasks are completed in an isolation room or wing. When taking out garbage to dumpsters or laundry to the skilled nursing facility please do not wear your isolation gown and gloves, remove those items and wash your hands. Garbage and laundry must be in bags that are closed when transporting to the dumpster/laundry room. Please continue to wear your mask and eye protection and limit your time at the nursing facility to only completing your tasks. *Ensure when you drop off laundry to wash your hands, also utilize the hand sanitizer throughout the building*. If your uniform/clothing appears to be contaminated, please do not enter the nursing facility.

Donning and Doffing of PPE:

COVID-19: Donning and doffing of Personal Protective Equipment in Health and Social Care Settings - Bing video

DSP'S WORKING WITH POSTIVE RESIDENT- when using the 154 apartment:

- Staff working with the positive resident will enter the 154 apartment (door number 14).
- There is a table of all needed items for you to donn and doff when working with the positive resident. We will check regularly to ensure supplies are stocked, but please let us know if you need more PPE, cleaning supplies, clean rags, etc. Grab a new mask each shift and throw old before leaving.
- Blank copies of the screening are on the table in the apartment. Fill out the screening as soon as you arrive and then put in the mailbox on the door outside of 154 into the hallway. There is a thermometer in there for you to use. If you have any questions or concerns with filling out the screening, call in to the nursing office (873-2171). Nursing staff- please go and get the screening for each shift to sign off and review.

- We are designating specific staff to work with the positive Covid resident to the best of our ability, depending on staffing. Staffing is very challenging right now.
- Please have as little direct contact with the resident and assist with care pieces only, bed bath and keeping them safe, healthy, and content. The resident should stay in the bedroom. There are video monitors if needed.
- When not working with the resident, please hangout in the 154 living room and do not go into Hope.
- There is a laptop from the HUB for charting.
- There are walkie talkies in the 154 apartment and the other living areas if you need to communicate with anyone. Designated staff can use them to communicate if they need something. Ensure they are on the right channel to connect. There is also a phone list in the kitchen if you need to get ahold of someone.
- If the resident is sleeping, please remember this is still an awake shift and you can do any extra cleaning in the 154 apartment so that it is good for the next person coming in. Please keep it organized. Kitchen items and snacks in the kitchen, along with clean towels for cleaning.
- There is a dresser in the living room labeled- clean resident clothes, clean linen (sheets, bedding, towels). This can be used for storing items.
- Bag dirty laundry and keep in the resident bedroom.
- Place all soiled linens in ***garbage bags*** provided in the resident's room.
- Avoid contact with your uniform/clothing and surrounding patient care equipment.
- Do not shake or place linen directly on the floor.
- For linens lightly to moderately moist, fold and/or roll in such a way as to contain the moist area in the center of the soiled linen. Place the items in a ***garbage bag.***
- For soiled **linens that are saturated with moisture**, place them in the **yellow plastic bag** followed by tying or knotting the open end. The yellow plastic bag containing wet linens should then be placed in the laundry bin, if the bag is leaking, please double bag.
- The designated staff coming in for their shift, will bring the dirty laundry to the laundry department.
- The oncoming designated staff, please bring garbage out to the outside dumpster as normal at the beginning of your shift.

- If you need items for the resident (clothing, laundry, briefs, wipes etc), please communicate with the living area the resident is normally in.
- The designated staff will do the cleaning in the apartment. Housekeeping will not be coming in there. There is information about cleaning hanging on the door of the apartment going into 154. Please review. Cleaning supplies are in there. If they are low, please let us know.
- Treatments for the resident will be kept in the bathroom.
- TMA's will bring the med(s) for the resident, knocking on the door and designated staff can administer. If there are concerns, contact nursing.
- Handing out briefs- TMA's will place briefs and/or any incontinent supplies in the hallway for the residents instead of in their bedrooms. The DSP's working with the residents will then place them in their bedrooms.
- Do not punch in and out at the timeclock. There is a form in the apartment for you to track your time and Jody will use that for timesheets.

Living area where quarantined positive resident normally lives:

- Deliver the meals to apartment for the resident and staff. Bring to the 154 inside door, knock and leave it there. There is tray table on the outside of the 154 apartment to set these items on.
- Bring any requested items for the resident to the apartment and deliver the same as you do meals.

Current living area(s) that are on transmission-based precautions and/or if not using the 152 apartment:

- Staff must don full PPE which includes gown and gloves and doff when exiting a resident's room, FOR ALL CURRENT RESIDENTS THAT ARE CURRENTLY QUARENTINING DUE TO A HIGH-RISK EXPOSURE, WORKING WITH ANY RESIDENTS WITH CONFIRMED COVID AND/OR ANY RESIDENTS WITH SYMPTOMS OF COVID. Change your gown and dispose of after each resident use and use a new gown when working with another resident.
- Enter Hope's main entrance and there are screening forms there and a thermometer. Complete and put in the envelope outside the door of nursing office. Nursing staff- please get the screenings for each shift from here to sign off and review.
- Punch in and out as you normally do and go directly to the living area.

- Review the 24-hour board that nursing has provided. If questions, call the nursing office.
- If a resident is showing any signs and symptoms of illness and/or has a change in condition, report to nursing immediately.
- Residents are able to eat in the bedrooms if they are safe to do so (no choking). Please monitor per care plan. Staff are able to assist them with eating in their bedroom, with full PPE. If the resident needs to eat in the dining room, proceed with staggered meals and allow one resident per table. Ensure residents are social distancing during mealtime. Remove resident from dining area safely and respectfully when resident has finished dining and back to their bedroom.
- If the resident needs to leave their room or refuses to stay in their bedroom, the resident should be wearing a facemask.
- Please follow all donning and doffing as guidelines state.
- Increase sanitation of high touch surfaces, workstations, railings, lifts, commodes, toilets, phones, remotes, etc.
- Place dirty bagged garbage outside of the living area and dirty laundry outside of the living area doors for TMA's to take down.
- Housekeeping will continue to come in and clean all living areas. If a room needs extra cleaning, please communicate with housekeeping.
- Place all soiled linens in ***garbage bags*** provided in the resident's room.
- Avoid contact with your uniform/clothing and surrounding patient care equipment.
- Do not shake or place linen directly on the floor.
- For linens lightly to moderately moist, fold and/or roll in such a way as to contain the moist area in the center of the soiled linen. Place the items in a ***garbage bag.***
- For soiled **linens that are saturated with moisture**, place them in the **yellow plastic bag** followed by tying or knotting the open end. The yellow plastic bag containing wet linens should then be placed in the laundry bin, if the bag is leaking, please double bag.
- Handing out briefs- TMA's will place briefs and/or any incontinent supplies in the hallway for the residents instead of in their bedrooms. The DSP's working with the residents will then place them in their bedrooms.

Aerosol Generating:

Housekeeping/DSP's cleaning duties for ALL living areas:

- Please ensure we are utilizing the appropriate product for COVID-19, QT+ must remain wet for 3 minutes or Clorox bleach spray must remain for 1 minute.
- Housekeeping will continue to come in and clean all living areas. If a room needs extra cleaning, please communicate with housekeeping.
- Increase sanitation of high touch surfaces, workstations, railings, lifts, commodes, toilets, phones, remotes, etc.
- Housekeeping ensure all areas have cleaning supplies, paper towels, soap, etc.

Cleaning and disinfecting for Covid-19:

Wear disposable gloves anytime you are cleaning using chemicals

- Using trigger sprayer for cleaning (Clean any surface that is visibly dirty before using disinfectant)
    - Spray the surface with disinfectant
    - Allow the disinfectant to sit on the surface for the correct contact time
        - QT- Plus (3-minute contact time)
        - Clorox Healthcare Bleach Spray Bottles (1 minute)
        - 1:10 bleach solution (5-minute contact time, must be made fresh every 24 hours)
    - Wipe clean with a microfiber cleaning cloth

For items that cannot be sprayed (i.e. computer, keyboards, phones, nursing supplies) use disinfecting wipes

- Sani-wipes (purple top) 2-minute contact time
- Clorox Versa-Sure (Grey top) 2-minute contact time
- Clorox Healthcare (blue top) 1-minute contact time
- Dispatch wipes (white w/red lettering) 1-minute contact time
- Regular Clorox wipes 4-minute contact time
    - If there are no wipes use a disinfectant spray above, spray directly onto a microfiber cleaning cloth and wipe the item for the appropriate contact time

- Please disinfect surfaces throughout the facility—focusing on "high-touch areas"- Door knobs, remote controls, light switches, phones, grab bars, call lights, handrails, keyboards, etc.
- Ensure that supplies are being checked and properly filled (Hand sanitizer, soap, paper towels, gloves & toilet paper).
- Always wash your hands after handling dirty laundry (in the hopper room or in the laundry room).
- The kitchenette is not a place to wash your hands after completing a housekeeping task ***HOWEVER***, staff should always wash their hands in the kitchen before starting with meal service.
- The supplies we have were purchased for TLHA use ONLY. Do not take supplies home (i.e. toilet paper, disinfecting wipes, etc.).
- Do not throw away the QT-3 bottles, please give to housekeeping to refill.

TMA's:

- Deliver meds to the 154 apartment or the living area if residents are quarantining to their bedrooms as needed and designated staff will administer.
- TMA's will administer tube feedings to the residents that require it.
- Deliver any needed supplies to the 154 apartment or the living area if residents are quarantining to their bedrooms (briefs, residents supplies that you would normally do during your shift). If there are a number of residents in quarantine, there will be a cart available for the TMA's to put the needed resident supplies on.
- If there is dirty laundry or garbage outside of the living area on transmission-based precautions, bring down to the laundry and garbage.
- Bring towel rack back if needed.
- Bring clean clothes to the living area if needed.

Nursing:

- If residents are showing signs and symptoms of covid, please quarantine to their bedroom, place on transmission-based precautions and they should be tested.
- Check screenings in the mailbox on the apartment door of 154 and the envelope outside of the nursing office upon shift changes.

- Make copies of the 24-hour board and place in the living areas that are on transmission-based precautions. If something very important needs to be shared, please go in and talk with the staff and/or call into the living are.

All other living areas- Residents will remain in their neighborhoods and will not intermingle:

- A resident who is out of their room must wear a hospital grade mask unless otherwise actively eating or drinking if possible. If residents are not able to remove the mask and/or adjust it or tolerate it, we may not be able to put a mask on them. Please encourage masks when out of their room.
- I realize we have difficult residents, so if they do leave the living areas, please try and redirect them back into their living area.
- Residents can have a new mask everyday
- Please proceed with staggered meals (eating at two different mealtimes), like we did before to limit the close contact.
- Try to have residents' social distance. Covid can come to any living area, at any time and quickly. If there are residents that are willing to stay in their bedrooms, please have them do so and maybe take turns.
- Please encourage activities to keep them busy but avoid a table full of residents playing a game to again try and social distance.
- Doors to all neighborhoods must remain closed

Visiting:

- During an Outbreak- Entire building is Closed Down to INDOOR and OUTDOOR visitation.
- Window visits are allowed from the bedroom of living areas of the residents, but the window must be closed.
- Only compassionate care visits are allowed and if this needs to happen, Debra and/or Ashley will approve. All other visits are on hold
- NO Non-essential outings during this time
- Residents should remain in their living areas with the doors shut.

Therapeutic Recreations:

- If in an outbreak, all congregate TR Events must end until further notice.

- The activity department is currently assisting with any things delegated and may be asked to help in a living area.

Update on activities, outings and visits as of 9/13/21:

- We have started activities again here at Hope.
- Group activities will be limited to two living areas at a time for now.
- Kayla will be running activities in the activity room throughout the day. We will be rotating what living areas it will be for the activities. Please refer to the activity calendar sheet as everything is laid out very nicely on there.
- Visits will also be starting again. Family members can visit with their loved ones outside or inside in the activity room or sensory room. Masks need to be worn by all visitors and highly encouraged by residents.
- Residents can go on outings with the family members again. Visits and outings taken with family members will be written down in the books in the nursing office. Please let me know if you have any questions.
- Team members are now allowed to take residents on outings. Please be cautious of where they are bringing the residents to avoid big crowds. Please keep outings narrowed down to residents from only two living areas going at one time.

Staffing:

- Staffing is very challenging right now. We have signed a couple of contracts with staffing agencies in order to get additional DSPs and/or nurses here working. This is being used in many healthcare facilities.
- Nursing- Currently working at a contingency staffing plan and the nursing hours may vary depending on the nursing schedule. A note will be on the nursing door if the nurse is not in the building and contact information if needed.

Thank you!