

Try It Out: Create Your Own Daily Plans

Infant Planning Form



Sample Infant Schedule — Full Day

Caregivers:	Ursula		Date:	Aug 25 2020		
Arrival/Greeting/Choice Time	Take child to infant room play with different toys					
Breakfast:	Baby cereal with bananas		P.M. Snack:	Baby crackers		
A.M. Choice Time	Play with different rattles, soft books, toys		P.M. Choice Time	Tunnel helps with crawling		
Bodily Care	Change diapers every 2-3 hours					
Group Time	Sing songs, 5 little monkeys			Group Time Looking at books with different faces/colors		
Earlier	Middle	Later	Earlier	Middle	Later	
Look at you when teacher sings	Move around and take toy and bounce and smile	Make sound to music, bounce	Get book/books	Open pages	Teacher reads books out loud	

Sample Infant Schedule — Full Day (continued)

A.M. Outside Time	Going to porch, crawl and see older children on play ground	P.M. Outside Time	Take blanket on grass, plays with toys
Lunch Time	Give child bottle/baby food based on their different schedules		
Music & Movement Group Time Easy to Join: Content:	Teddy bear song with teddy bear, each baby hold rattles and maybe noises		
Naptime	Based on child schedules, sleeps in morning and afternoon nap between 30min to 1 hr		
Departure	Change diapers, wash hands and face, change clothes if necessary		
To Remember			
Key Developmental Indicators A. Approaches to Learning B. Social & Emotional Development	Clean toys they played with, and remind parents if they need		
	C. Physical Development & Health	D. Communication, Language, and Literacy	E. Cognitive Development
			F. Creative Arts