

Sample Infant Schedule — Full Day

Caregivers: Alexis & Pat Date: November 28th 2023

Arrival/Greeting/Choice Time

Caregivers welcome parents & children into the room.

Breakfast: 0-5 months: 4-4fl oz formula
 6-9 months: 4-4fl oz formula w/ 2 tsp baby cereal
 9-12 months: 4-4fl oz formula w/ 2 tsp baby cereal
 2 oz yogurt

A.M. Choice Time
0-5 months: 4-4fl oz formula sitting up in sensory bin

P.M. Snack: 0-5 months: 4-4fl oz formula
 6-9 months: 4-4fl oz formula, 2 tsp baby cereal
 9-12 months: 4-4fl oz formula, 2 tsp banana, 2 tsp sun butter

A.M. Choice Time
0-5 months: 4-4fl oz formula sitting up in sensory bin

P.M. Choice Time
0-5 months: 4-4fl oz formula sitting up in sensory bin

Bodily Care
telling children what you are doing (example: "I'm gonna wipe you"; "Now it's diaper time")

Group Time Tummy Time/ Floor Dance(s)	Group Time Story Time (D) Books; Touch & Feel Animals
Earlier turns head; kicks	Earlier rolls over from tummy to back
Middle rolls over from tummy to back	Middle rolls back & forth, grasps items surrounding them
Later turns head; kicks	Later turns head towards sound
Earlier turns head; kicks	Earlier holds book; explores content
Middle turns head; kicks	Middle holds book; explores content
Later turns head; kicks	Later holds book; explores content

Sample Infant Schedule — Full Day (continued)

A.M. Outside Time Bubbles, Balls, Warm & Feed Nattalie & Mason (D, E)	P.M. Outside Time Water play w/ peers (B)
<p>Lunch Time 0-5 months: 4-4 fl oz formula 6-9 months: 4-6 fl oz formula, 2 tbsp baby cereal 9-12 months: 4-6 fl oz formula; 2 tsp baby cereal 2 tsp banana, 4 tsp chicken (fine chopped)</p>	
<p>Music & Movement Group Time Easy to Join: Sing row, row, row your boat Content: G, D, E, F Speed of music</p>	
<p>Naptime Put rocks all sleepy children; Atxixi - read books to children who are awake</p>	
<p>Departure caregivers say how the children's day went to parents/guardians</p>	
<p>To Remember Collect all morning toys; spray & wipe down all shelves & bins</p>	
<p>Key Developmental Indicators: A. Approaches to Learning B. Social & Emotional Development</p>	<p>C. Physical Development & Health D. Communication, Language, and Literacy E. Cognitive Development F. Creative Arts</p>