

# Try It Out: Create Your Own Daily Plans

## *Infant Planning Form*



# Sample Infant Schedule — Full Day

<b>Caregivers:</b> Ms. Carla Ms. Toni			<b>Date:</b> November 20, 2023		
<b>Arrival/Greeting/Choice Time</b> Primary caregivers (Carla, Toni) greet parents and children. Exchange information with one another. Help the children to say their goodbyes to parents. Greeting Area: Debbie, Martha					
<b>Breakfast:</b> Blueberry waffles and apples, milk (B)			<b>P.M. Snack:</b> Wheat Crackers, string cheese, water (B)		
<b>A.M. Choice Time</b> Sound Exploration with Luke in music area (F) Exploring Objects with Elena (E)			<b>P.M. Choice Time</b> Sensory Mats with Matias (E) Reading books with Josiah and Mercedes (D)		
<b>Bodily Care</b> Support Vicente and Mercedes with hand washing. Give verbal cues to Luke when he needs his nose wiped (A,B,C,E)					
<b>Group Time</b> Carla's Group Time Content: Filling and Emptying Buckets and Blocks			<b>Group Time</b> Toni's Group Time Content: Listening to Music Variety of Music		
<b>Earlier</b> Hold and Mouth	<b>Middle</b> Bang blocks on shelf	<b>Later</b> Chooses different types of blocks to bang	<b>Earlier</b> Turns toward where music is coming from	<b>Middle</b> Sways and bounces up and down to the music.	<b>Later</b> Claps hands and babbles and coos to the music

## Sample Infant Schedule — Full Day (continued)

<p><b>A.M. Outside Time</b> Board books and soft toys on blanket; Sound blocks on ground (F,D,B)</p>	<p><b>P.M. Outside Time</b> Tunnel to crawl through, balls, and age appropriate toy animals (C,A,B,E)</p>						
<p><b>Lunch Time</b> Rice Cereal, peaches, chicken puree. ( Make eye contact with children and be in close proximity to them, Matched affect and smiling and letting them know what you're feeding them</p>							
<p><b>Music &amp; Movement Group Time</b> Easy to Join: Sing Itsy Bitsy Spider Content: (C,D,F) Use of age appropriate musical instruments</p>							
<p><b>Naptime</b> Carla - Rock children who are ready for nap Toni- Read Board Books with children who are awake</p>							
<p><b>Departure</b> Primary caregivers (Carla and Toni) will touch base with parents to schedule a time for parent conferences. Gather personal belongings as needed. Wash and disinfect mouthed objects.</p>							
<p><b>To Remember</b> Meet with Co-teacher about interests of children, prep for the next day based off of those interests and meet children at their developmental levels.</p>							
<p><b>Key Developmental Indicators:</b></p> <table border="0"> <tr> <td data-bbox="184 1279 714 1317">A. Approaches to Learning</td> <td data-bbox="772 1279 1270 1317">C. Physical Development &amp; Health</td> <td data-bbox="1476 1279 1858 1317">E. Cognitive Development</td> </tr> <tr> <td data-bbox="184 1317 714 1354">B. Social &amp; Emotional Development</td> <td data-bbox="772 1317 1388 1354">D. Communication, Language, and Literacy</td> <td data-bbox="1476 1317 1703 1354">F. Creative Arts</td> </tr> </table>		A. Approaches to Learning	C. Physical Development & Health	E. Cognitive Development	B. Social & Emotional Development	D. Communication, Language, and Literacy	F. Creative Arts
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