

# Try It Out: Create Your Own Daily Plans

## *Infant Planning Form*



# Sample Infant Schedule — Full Day

<b>Caregivers:</b> Chuy, Martha, Mary			<b>Date:</b> Monday 20, 2023		
<b>Arrival/Greeting/Choice Time</b> Primary teachers greet parents / children and share information. Chuy helps children separate.					
<b>Breakfast:</b> Cereal, apples and milk.			<b>P.M. Snack:</b> Muffin and milk and water		
<b>A.M. Choice Time</b> Pretend to make nature soup with Rey in house area ( M) Support stomping bugs in art area ( M)			<b>P.M. Choice Time</b> Read books with August, Rebecca and Alessandro in book area (CH) Play cars, dinosaurs, and blocks with Emery, Leilani and Rey (M)		
<b>Bodily Care</b> Supporting August in washing his hands, play in the kitchen area with Rey, give Rashad choices about how to help with changing his diaper and wash his hands.					
<b>Group Time</b> Chuy's group time Content: Cause and effect Will it float or sink?			<b>Group Time</b> Mary's group time. Content: Interest in Literacy / Crayon creation		
<b>Earlier</b> Responds anticipatory to people, objects or reactions,	<b>Middle</b> Search for possible causes of actions.	<b>Later</b> Acts on objects to cause a specific result.	<b>Earlier</b> Responds to people or things in basic ways.	<b>Middle</b> Looks at books on own briefly.	<b>Later</b> Looks at the books page by page.

## Sample Infant Schedule — Full Day (continued)

<p><b>A.M. Outside Time</b> CH, M, M Tricycles, sand box, slide, ball, paint brushes and water colors. M- Prepares water bottles.</p>	<p><b>P.M. Outside Time</b> CH, M Tricycles, shopping cars, and balls.</p>						
<p><b>Lunch Time</b> Beef pasta, green peas, apples, milk, water. Taking with children about what they are eating and did outside. Also talking about nap time.</p>							
<p><b>Music &amp; Movement Group Time</b> Easy to Join: Sit on your favorite color fish Content: The five little monkeys and head knees and toes.</p>							
<p><b>Naptime</b> Soft music, read books with awake children and crayons and paper for risers early.</p>							
<p><b>Departure</b> Primary teachers share information with parents about their day.</p>							
<p><b>To Remember</b> Wash and disinfect mouthed toys, wash water bottles, recollect classroom and have materials ready for tomorrow.</p>							
<p><b>Key Developmental Indicators:</b></p> <table border="0"> <tr> <td data-bbox="170 1279 714 1317"><b>A.</b> Approaches to Learning</td> <td data-bbox="772 1279 1268 1317"><b>C.</b> Physical Development &amp; Health</td> <td data-bbox="1478 1279 1860 1317"><b>E.</b> Cognitive Development</td> </tr> <tr> <td data-bbox="170 1317 714 1354"><b>B.</b> Social &amp; Emotional Development</td> <td data-bbox="772 1317 1388 1354"><b>D.</b> Communication, Language, and Literacy</td> <td data-bbox="1478 1317 1709 1354"><b>F.</b> Creative Arts</td> </tr> </table>		<b>A.</b> Approaches to Learning	<b>C.</b> Physical Development & Health	<b>E.</b> Cognitive Development	<b>B.</b> Social & Emotional Development	<b>D.</b> Communication, Language, and Literacy	<b>F.</b> Creative Arts
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