

**Melissa Taub**

**Sample Infant Schedule — Full Day**

<b>Caregivers:</b> Ms. Mel,			<b>Date:</b> Oct 9, 2023		
<p><b>Arrival/Greeting/Choice time:</b>  <b>Arriva/Greetings:</b> Ms. Mel greets family members, talks about the child's disposition and any info that needs to be given to or from the parent. Help the child get settled in the room.  <b>Choice time:</b> DAP toys and balls (A,C)</p>					
<p><b>Breakfast: (B)</b>            Cut up fruit, milk or water</p>			<p><b>PM Snack: (B)</b>            Crackers, cantaloupe, water, milk</p>		
<p><b>A.M. Choice Time:</b>            Simple manipulatives (C, E), tummy time (C )</p>			<p><b>P.M. Choice Time:</b>            Tummy time ( C ) balls (A, C )</p>		
<p><b>Bodily Care: (C )</b>            Diaper changing , washing hands with children</p>					
<p><b>Group Time: (A, B, E)</b>            Singing songs and fingerplays</p>			<p><b>Group Time: (A, B, E)</b>            Reading books and counting fingers</p>		
<p><b>Earlier</b>            Grasping,            Reaching,            mouthing</p>	<p><b>Middle</b>            Manipulating</p>	<p><b>Later</b>            Sitting up, pushing,            pulling</p>	<p><b>Earlier</b>            Listening,            Watching,</p>	<p><b>Middle</b>            Touching,            interacting</p>	<p><b>Later</b>            Holding,            fingering,            Pointing,</p>

## Infant Schedule — Full Day (continued)

<b>A.M. Outside Time: (C, D, E)</b> Walking outside with stroller, talking about the environment, sitting or laying on blanket in the grass	<b>P.M. Outside Time: (C, D, E)</b> Outside feeding. Hold children and walk around playground if they can not walk yet, hold hands if infants are beginning to stand. Roll balls and play with scarves while singing.
<b>Lunch Time:</b> Milk, fruit salad, cut up pieces of chicken, cooked beans and carrots (talk to children about what they are eating)	
<b>Music &amp; Movement Group Time Easy to Join: (B,C,D,E,F)</b> <b>Content:</b> Prop up little ones if they cannot sit by themselves, sit with older ones and sing a simple song with clapping. Let them crawl to a toy on the floor, if they can, tummy time if they can't. Grab older infants who can stand and have them jump up and down. Play music and use shakers and let the children move in their own ways.	
<b>Naptime:</b> Follow the child's needs and put them to nap when they are tired. Lay in cribs with soothing music. Children that are still awake can be fed if hungry. Read a book or play quietly with children that are awake. Lay others down when tired and pick up and feed and change diapers with children that wake.	
<b>Departure:</b> Give the caregiver the tattler sheet of what they did during the day. Ask them if they have any concerns and wish them a goodnight and see you tomorrow.	
<b>To Remember:</b> Clean up toys, straighten up the room and wash laundry for the day.	
<b>Key Developmental Indicators:</b> <b>A.</b> Approaches to Learning <b>B.</b> Social & Emotional Development <b>C.</b> Physical Development & Health <b>D.</b> Communication, Language, & Literacy <b>E.</b> Cognitive Development <b>F.</b> Creative Arts	

