

Where am I on the continuum? I'm very ashamed to admit that I'm on the Laissez-Faire side of the continuum this year. We have gone to a full day program this year which has left no time for anything. I often find myself doing attendance, tracking down a bus note, taking the breakfast cart back to the kitchen, etc. during small group time.

I knew this was happening, but this lesson has really brought it to light for me. I am going to try to be more mindful when I get up to do something else, really think about if it could wait until later in the day.