

GoLife100 | Lesson 11

Life As Discovery: Adding Knowledge & Temperance

BY DUDLEY HALL



THIS LESSON FOCUSES ON the life qualities of knowledge and temperance and how we can cultivate them in our lives.

THIS LESSON IS IMPORTANT BECAUSE once we have laid a solid foundation of faith and virtue, the healthy believer must begin to grow and mature. The qualities of knowledge and temperance help us to govern that growth in a godly way.

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CASE STUDY:

A high school student in your city is suing the school district for violation of freedom of speech. The student has been given detention more than ten times in the past semester for using excessive, inappropriate language during class.

CASE STUDY REFLECTIONS:

Keeping a public audience in mind, what would you say in a letter to the editor of your local newspaper with your views on this topic, and how would you make your points relevant?

MAKE YOUR CASE:

Did you mention in your letter the importance of a healthy learning environment or the issue of self-control?

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I. Review

II. “Adding” Knowledge:

- A. Knowledge is more relational than intellectual.
- B. [Matthew 6:19-21](#): Your heart follows your investment.
- C. [Matthew 6:22-23](#): The focus determines the light.
- D. [Matthew 6:24](#): Faith demands fidelity.
 - 1. You cannot serve God and mammon.
 - 2. Anxiety is the symptom of schizophrenic faith.
- E. [Matthew 6:25-34](#): Our priority is to embrace the government of God in every aspect of our existence.

**When you
surrender to the
Kingdom of God,
your appetites
no longer make
the decisions—
His values do.**

Define a Term:

ANXIETY: *Concern or solicitude respecting some event, future or uncertain, which disturbs the mind, and keeps it in a state of painful uneasiness. (Webster’s 1828)*

III. “Adding” Temperance:

- A. The relationship between temperance and meekness.
- B. [1 Corinthians 6:19-20](#):
 - 1. We should live conscious of the presence of God in our lives.
 - 2. We are managers of God’s property.
 - a. We must submit our appetites.
 - b. We must submit our ambitions.
 - 3. We live for the glory of God.

Memory Verse:

“But seek first the kingdom of God and His righteousness, and all these things shall be added to you. Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble.”

—[Matthew 6:33-34](#)

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Homework:

- 1. Proverbs 1:7 says, “The fear of the Lord is the beginning of knowledge.” Explain this verse in light of how knowledge is defined in this lesson.**
- 2. What is an area in which you have chosen to invest yourself, during this season of your life? Have you seen evidence of your heart following?**
- 3. As you are further equipped with powerful tools of knowledge and insight of how to effectively develop and use your Christian worldview, why do you think it will be important to have the truths of this lesson operating in your life?**
- 4. How should adding temperance to our lives affect the way we make decisions about how we are going to spend our time?**

Listening Test:

1. **God gives _____ on an as-needed basis.**
 - a. assurance
 - b. grace
 - c. punishment

2. **Life in focus = What God says is what we _____, what we say, and what we do.**
 - a. believe
 - b. control
 - c. ignore

3. **_____ means one under the control of another.**
 - a. Sacrifice
 - b. Leadership
 - c. Meekness

4. **The happiest people in the world are those who realize their dreams.**
 - a. True
 - b. False