

LIFE STRATEGY JOURNAL



Living Life God's Way

Life Strategy Journal

INSTRUCTIONS

To transform the *Living Life God's Way* teachings into lasting lifestyle change, we ask you to commit to keeping a Life Strategy Journal. Please note that this is not “homework” in the traditional sense, in that you will not turn it in, and it will not be graded. However, we encourage you to take full advantage of the contents herein and in developing the habit of journaling both in the context of this series and as a life practice. These are your private notes, and we encourage you to write openly and honestly before the Lord!

Consider the best journaling method for you. Here are some ideas:

- Print out this Life Strategy Journal and use it to hand write both your answers to the printed questions and your daily journal entries. You are welcome to expand on your journal entries by printing out extra Daily Journal Entry pages.
- Write in a separate journal or notebook. You can buy one specifically for this purpose or add to one you already use.
- Create a digital journal using your favorite word-processing software such as Word, Pages, or Google docs.
- Download a journaling app on your smart phone, tablet, or laptop. There are numerous free and paid options; online reviews can help you choose which features are most important to you.
- It is beneficial to be able to access your journal throughout your day to record what God is speaking to you, to look up something you'd like to share with a friend, or for adding notes while listening to a teaching or sermon. If going digital, consider cross-platform choices such as Google Docs or apps where you can view and edit from multiple devices for on-the-go journaling and reference.

Your daily journal entries may include but are not limited to:

- The date and time.
- Situations and issues you are praying about.
- New insights and truths you are working on.
- Notes on the direction you are receiving from the Lord.
- Answers to prayer, testimonies, and praise reports.
- Teaching notes and Scripture references.

Life Strategy Journal

Introduction: Inheriting God's Heart

Spiritual truth to be mastered: We were created by God to inherit His heart and rule with Him over His creation which He calls the Kingdom of God.

Some ultimate issues raised by addressing our situations:

1. Why should I live?

2. What should I expect from life?

3. How much control do I really have?

In answering these questions, we will be endeavoring, through the power of the Holy Spirit, to equip you to not just “hear a good word” but put your faith into action. “The Kingdom of God is not a matter of talk, but of power” ([1 Corinthians 4:20](#)). The tools or skills needed can be identified by these related questions:

4. What is my mission?

5. What skills do I need to please God and live strategically, thereby fulfilling my earthly mission?

6. How do I practice and use those skills?

Why did God create me? The answer is because He loved the thought of you. He loved the notion of you sharing in His life with Him and His family. Seeing the love He has moves us and motivates us unlike anything else. Out of this love, He has designed you to inherit His heart.

7. In what ways does this understanding about how God sees me change how I value and view myself?

8. How will my responses to life change now that I see, apart from any action of my own, His full acceptance and delight in me?

Of what benefit is life's pain?

The benefit of pain in our lives is that it tells us where we really are. Life's pain is like the nervous system in our body. Pain is informative. It is a signal that something is out of order. Pain in life is ultimately the result of the fall of man into sin.

God is not surprised by sin or Satan. God uses His children's battle with the flesh to mature and train them into righteousness. Since we are justified freely by Christ's sacrifice but are still alive in the flesh, we must overcome sin by the transformation of our minds through the Holy Spirit.

9. Since pain is designed to train and strengthen us, how will I respond differently to the pain in my life?

10. When "that person" who often offends me or "that situation" comes around again, will I first assert my "rights," or will I see the truth?

11. List an example of a relationship where you are working on handling pain (what you can do differently, points of prayer, etc.).

12. Will I see God as good even though He has allowed events to occur that go beyond my understanding of “good?” If so, why?

13. When someone lies about me or hurts me, what will be my response in light of the knowledge that Father wants to train me to rule with Him?

14. How many times today will I pray that the Holy Spirit will empower me to choose “the way of the Lord?” What will remind me?

15. How will my co-workers see me living as one who loves truth? What will be the evidence?

16. How will I train so that these skills become habits? Today? Tomorrow? Next year?

17. What person that I interact with at least five times per week will hold me accountable in my use of these skills?

18. Which skills will I pray about in my quiet time with the Lord tomorrow morning?

19. How will I show _____ that I am committed to serving them and laying down my life for them?

20. What will I do today to begin preparing to pass on the inheritance I have received to the next generation?

21. How will I overcome feelings of inadequacy in light of this task?

As a coach, God plays everybody who is in shape, and He plays us at our level of trained preparation.

