

Psychiatric Nursing

Unit 3

Bipolar Disorders

Please read the chapter and answer the following questions:

Next to each of the behaviors listed below, write the letter that identifies the disorder in which the behavior is most prevalent.

- A. Cyclothymic disorder
- B. Bipolar 1 disorder
- C. Bipolar 2 disorder
- D. Manic episode
- E. Delirious mania

___1. Clouding of consciousness occurs

___2. Characterized by mood swings between hypomania and mild depression

___3. Paranoid and grandiose delusions are common

___4. Excessive interest in sexual activity

___5. Accelerated, pressured speech

___6. Frenzied motor activity, characterized by agitated, purposeless movements

___7. Recurrent bouts of major depression with episodes of hypomania

___8. Recurrent bouts of mania with episodes of depression

1. What is the most common medication that has been known to trigger manic episodes?
2. What is the speech pattern of a person experiencing a manic episode?
3. What is the difference between cyclothymic disorder and bipolar disorder?
4. Why should a person on lithium therapy have blood levels drawn regularly?
5. What is the recommendation regarding sodium intake for a patient prescribed lithium?