

## Pharmacology Scenario 9: Juan Carlos

### Guided Reflection Questions

#### Opening Questions

How did the simulated experience of Juan Carlos's case make you feel?

Tell me the actions you felt went well within this scenario.

Reflecting on Juan Carlos's case, were there any actions you would do differently if you were to repeat this scenario? If so, how would your patient care change?

#### Scenario Analysis Questions<sup>1</sup>

**PCC/EBP** What priority problem(s) did you identify for Juan Carlos? Did your priorities change during the scenario? Why? Priority problems that I identified for Juan was hyperglycemia, assess for post op complications, hypertension, high cholesterol . Yes they did change during the scenario, because the patient blood glucose dropped and he had to be treated for hypoglycemia. During the scenario the patient BP was under control, pedal pulses were present, dressing was dry and intact, no signs of post op complications were indicated at the time of scenario. The priority problems I identified at the beginning of the scenario still need to be addressed upom discharge to prevent further complications of DM.

**EBP/S** What data that was presented to you or that you gathered indicated a need for more education for Juan Carlos in regard to diabetes management? The data that was presented to me that leads me to believe he needs further education on diabetes management is the diabetic ulcer that lead him to have the surgical procedure, and diagnosis of hypertension and hyperlipidemia.

**PCC/T&C** List and discuss the importance of patient education on proper diabetic control. The importance of patient education on proper diabetic control is to prevent complications, have the patient become an active participant in his/her care, and to become aware and recognize the signs and symptoms of complications. This includes assessing the patient knowledge of diabetes to identify, and address incorrect information. Diet and exercise to manage blood glucose readings and prevent long term complication. The use of medications, to make sure the patient know the dosage, route, understanding of how it

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<sup>1</sup> The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

works. How to check blood glucose, understand the readings, and normal range. More importantly to recognize hyperglycemia and hypoglycemia.

**T&C/S** What other interprofessional team members should be involved in Juan Carlos's care? Other interprofessional team members should include: a dietician, wound consultant, PT/OT, diabetes educator, referrals to podiatry and ophthalmologist.

### **Concluding Questions**

Describe some specific strategies you would use to apply the knowledge and skills that you obtained in Juan Carlos's case to an actual patient care situation.